



Monthly Newsletter

SHIFA SPEAKS

Volume:09 | Issue: 12 | July, 2020

DELAY IN TREATMENT LEADS TO MEDICAL COMPLICATIONS

Shifa International Hospital has been providing clinical services in a safe & infection free environment

- 24 Hours Emergency Services
- OPD Clinics (online & in-person)

Your **HEALTH & SAFETY** is our Top **PRIORITY**



Even amidst these hard times, our doctors and healthcare professionals embrace each day with the same determination by providing quality care in a safe and infection-free environment. Separate arrangements are being made for treating COVID-19 patients to ensure the safety of all other patients. All patients go through COVID-19 assessment and positive patients are hospitalized at dedicated isolation floors. COVID-19 testing facility has been set-up at a separate location outside the main hospital premises.

As per the global best practices and guidelines from WHO, CDC and NIH (Pak) for environmental cleaning in healthcare settings, all the departments of the hospital in collaboration with the Infection Control Department have developed multifaceted policies and work procedures to control the risk of COVID-19 transmission. There is an important role of FMD (Facility Management Department) for maintaining engineering controls & negative pressure to keep healthcare workers and patients safe by limiting the risk of exposure. Engineering controls have been implemented in IPD floors, Operation Theaters, Cathlab, Radiology, Laboratory & Pharmacy.

The housekeeping department has also scheduled cleaning activities concurrent to routine cleaning for public areas, toilets, frequently touched objects & surfaces to ensure hygiene and sanitation to limit the transmissivity and spread of COVID-19. Targeted training programs have been structured and conducted for relevant staff with the coordination of the Infection Control Department incorporating topics on Usage of Personal Protective Equipment [PPE], Cleaning & Disinfection Procedures, Safe Handling and disposal of infectious waste and transmission-based precautionary measures for those working in COVID-19 areas.



Inauguration of Shifa Dental Hospital

STATE-OF-THE-ART DENTAL FACILITY

Shifa Tameer-e-Millat University has achieved yet another milestone by inaugurating Shifa Dental Hospital. The chief guest for the occasion was Professor Dr. Muhammad Iqbal Khan, Vice-Chancellor Shifa Tameer-e Millat University, while the Dean of the Faculty of Health Sciences Prof. Dr. Muhammad Amir addressed the audience through a video link. The teaching hospital under the auspices of Shifa Tameer-e-Millat University will serve the dual purpose of training undergraduate and postgraduate students of the newly established Shifa College of Dentistry as well as providing dental treatment to residents of the twin cities. The state of the art hospital is equipped with the most advanced equipment available in Pakistan. It has seven specialized clinical dental departments including orthodontics, maxillofacial surgery, prosthodontics, operative dentistry, paediatric dentistry, periodontology and oral medicine which are headed by a team of highly qualified doctors led by Prof. Dr. Anwar Ali Shah, Principal Shifa College of Dentistry. Keeping in mind the COVID-19 pandemic most guests joined the occasion through video link and strict protocols related to pandemic were followed. The Dental Hospital at the moment is offering emergency dental care only in light of COVID-19 pandemic until further notice.



COVID-19 AWARENESS SESSION

The purpose of COVID-19 awareness sessions is to keep the staff updated about COVID-19 situation and to educate them about safety measures. 31 departments attended the COVID-19 awareness sessions so far. These included Housekeeping, Horticulture, Linen, Material Management (hospital), Transport, Medical Staff Affairs (MSA), Pharmacy, O.P.D, Rehabilitation, Safety and Security, Traffic Management, Facility Management, Radiology, Cardiac Cath, Nursing, Operating Room Biomedical, FNSD, Medical Record, IPD, Corporate Business Development, Registration, Shifa Foundation, Management Information System (MIS), Media & Marketing, Human Resource (HR), Radiation Oncology, PED, Procurement and SIDS. Speakers of the interactive awareness sessions were Dr. Ejaz Khan, Dr. Javed Bhutto, Dr. Wahab Hassan, Mr. Amir Khisro, Dr. Heena Muabarak, Dr. Maryam Jamshid, Ms. Ruth Samuel, Mr. Umar Amjad, and Ms. Komal Fizza.



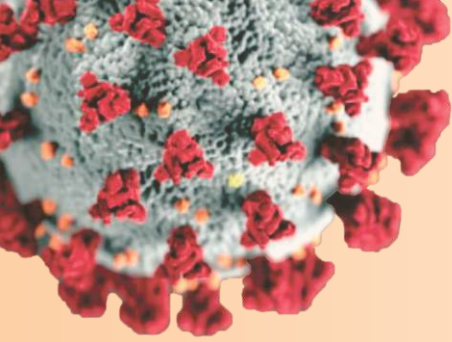
A Milestone Achieved by Shifa International Hospital, Faisalabad

Shifa International Hospital Faisalabad has achieved the regular license of Punjab Healthcare Commission. This milestone could only be achieved by demonstrating continuous compliance with the quality standards of the Punjab Health Care Commission. Shifa International Hospital Faisalabad is the first hospital in private healthcare in the Faisalabad region to have achieved PHC's regular license. The Punjab Healthcare Commission (PHC) is an independent health regulatory body, established under the PHC Act, 2010 to ensure quality healthcare service delivery at all levels and also to protect the wellbeing of the patients.

Shifa International Hospital Faisalabad was inaugurated on 28th August 2011 and has since been compassionately providing comprehensive healthcare services by an outstanding team of healthcare professionals in different specialties. In pursuit of "Leadership in Health Care Excellence" Shifa International Hospital Faisalabad always embarked on an up-gradation and has been successfully patronizing the same care & compassion, as adopted and practiced at Shifa International Hospital Islamabad to expand the outreach of quality health services to the masses.

On this occasion the Chief Medical Officer Dr. M. Ilyas Shakir and Administrator-Aziz Ur Rashid stated that it's a pride moment for all Shifa family. They also thanked all the staff for their hard work to bring this hospital at this stage. Further more, they expressed their resolve to keep the hospital up to date with new standards and work to achieve more performance improvement certifications.





CME Webinar Series on COVID-19 Pandemic

Panel Discussion | Q & A Session

Every Thursday at 11:00 am – 12:00 pm

These webinars are broadcasted LIVE via Zoom.

To join the webinar, please refer to the Zoom Webinar ID: 927-8414-1436 on coming Thursday at 11:00 am

MENTAL HEALTH ISSUES IN COVID - 19



The fifth topic of the series was "Mental Health Issues in COVID 19" held on Thursday, June 11, 2020. **Dr. Sajida Naseem**, Associate Professor Community Medicine, Shifa College of Medicine, Shifa Tameer-e-Millat University, Islamabad discussed the "COVID - 19 Myths and Its Apprehensions" followed by the talk on "Mental Health- Coping Strategies During the Time of COVID-19" by **Prof. Dr. Abdul Wahab Yousafzai**, Consultant/ Section Head, Psychiatry, Shifa International Hospitals Ltd, Islamabad and Shifa College of Medicine, Islamabad.

SAFE SURGERY AND PREPAREDNESS DURING COVID - 19 PANDEMIC



The sixth topic of the series was "Safe Surgery and Preparedness During COVID-19 Pandemic" held on Thursday, June 18, 2020. **Dr. Ghulam Siddiq**, Consultant General Surgeon and Chief of Surgery, Shifa International Hospitals Ltd, Islamabad discussed the "Resumption of Laparoscopic Surgery During COVID Pandemic" followed by the talk on "Preparation for Urgent and Emergency Surgery During COVID Pandemic (Anesthesia & Operating Rooms)" by **Dr. Muhammad Ashraf**, Consultant Anesthesiology and Chief of Anesthesia, Shifa International Hospitals Ltd, Islamabad.

CHILDREN IN COVID-19 PANDEMIC: EPIDEMIOLOGY, DIAGNOSIS, MANAGEMENT, AND IMPACT



The seventh topic of the series was "Children in COVID-19 Pandemic: Epidemiology, Diagnosis, Management and Impact" held on Thursday, June 25, 2020. **Prof. Dr. Ejaz A. Khan**, Consultant/ Chief of Pediatrics & Section Head Infectious Diseases, Shifa International Hospitals Ltd, Islamabad & Shifa College of Medicine, Islamabad, discussed Epidemiology and Diagnosis followed by the talk on "Impact of COVID-19 on Children" by **Prof. Dr. Gohar Rehman**, President, Pakistan Pediatric Association.

GRAND ROUND – NEUROSURGERY



Shifa International Hospitals Ltd, Islamabad has organized a Grand Round of Neurosurgery Department. The topic was "A Multidisciplinary Approach to A Large Intra-Cranial Space Occupying Lesion For Safe Resection" by **Dr. Syed Vaqar Hussain**, Senior Medical Officer, Neurosurgery, SIH facilitated by **Prof. Dr. Muhammad Nadeem**, Consultant Neurosurgery, SIH held on Saturday, June 27, 2020.



Shifa Foundation's Online Qurbani Drive for Drought-Stricken Thar, Sindh

Amid COVID-19 Pandemic, Shifa Foundation has launched its **Online Qurbani** campaign to facilitate the Pakistani Muslim brethren here and abroad to perform the Sunnah while serving humanity. Last year Shifa Foundation had distributed sacrificial meat among 7,000 beneficiaries in interior Sindh. This year aims to distribute sacrificial meat among 40,000 beneficiaries of Thar. The donations are called in through no-touch methods followed by: purchasing of animals as per criteria set in Islam; transporting animals safely to the slaughter house; slaughtering animals in the hands of Muslim butchers, packaging and storing sacrificial meat in clean and safe environment; distributing sacrificial meat to the deserving people of Thar, Sindh under the supervision of local community leaders to ensure transparency.

For Bookings:
☎ 0331-5915662, 0333-0511765

🌐 www.shifafoundation.org/onine-qurbani

Qurbani Rates

Cow/ Bull (Full): \$ 595/- or Rs. 87,500/-
One share in Cow/ Bull: \$ 85/- or Rs. 12,500/-
Goat/ Sheep: \$ 170/- or Rs. 25,000/-



Coronavirus Home Monitoring Program

Home Monitoring Program for
COVID-19 patients with mild symptoms,
who are not sick enough
to be hospitalized



Daily Home Visit by Nursing Staff



Daily Online Consultation
by Shifa Consultant



Home Collection of Lab Samples



Home Delivery of Medicines & Supplies

Terms & conditions are applied



For Information:

051-8464646

Shifa International Hospital, Sector H-8/4, Islamabad

www.shifa.com.pk

علاج میں تاخیر آپ کی
بیماری کو بڑھا سکتی ہے

آپ کی صحت اور حفاظت ہماری اولین ترجیح ہے



کرونا وائرس کے مریضوں
کے لیے مکمل طور پر علیحدہ انتظامات
ہیں تاکہ دیگر مریض دوران علاج متاثر نہ ہوں



شفا ہارٹ اینڈ واسکولر سینٹر

دل کے مریضوں کے بروقت اور محفوظ علاج

کے لیے تمام سروسز کی مسلسل فراہمی

■ سینے میں درد کے مریضوں کے لیے

■ 24 گھنٹے ایمرجنسی سروسز

■ OPD میں کارڈیالوجسٹ سے معائنہ

■ انسٹیجو گرافی، انسٹیجو پلاسٹی اور دل کی سرجری

کے لیے علیحدہ اور انفیکشن سے محفوظ کیتھ لیب،

آپریشن تھیٹر اور انتہائی نگہداشت (CCU) یونٹ

We would love to hear from you

If you have any questions, comments or any suggestions as
to what can be included in this newsletter, please write to us
at: media@shifa.com.pk or call at 051 8463804/3106