



Monthly Newsletter

SHIFA SPEAKS

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شفانٹرنیشنل ہسپتال اسلام آباد اپنے مریضوں کو ایک محفوظ اور انفیکشن سے پاک ماحول میں تمام کلینیکل سروسز کی مسلسل فراہمی کو ممکن بنا رہا ہے



اوپن ڈی (OPD)
(Virtual & Hybrid)



آئی پی ڈی (IPD)



امبرجنسی ڈیپارٹمنٹ



شفانٹرنیشنل ہسپتال میں کرونا وائرس کے مریضوں کے لیے مکمل طور پر علیحدہ انتظامات کیے گئے ہیں تاکہ دیگر مریض دوران علاج متاثر نہ ہوں



لیبارٹری



ریڈیالوجی



آپریشن تھیٹر

کرونا وائرس کی موجودہ صورت حال کے پیش نظر ہسپتال کا عملہ انفیکشن سے بچاؤ کی تجویز کردہ ہدایات پر عمل کر رہا ہے۔ ہسپتال میں آنے والے مریضوں کا (Fever Detection) کے ذریعے Temperature نوٹ کیا جاتا ہے اور ضرورت کے مطابق دوسری علامات کا جائزہ بھی لیا جاتا ہے۔ ہسپتال میں مریضوں کی COVID Assessment کی جاتی ہے تاکہ ان کو مخصوص Isolation فلورز پر منتقل کیا جائے۔ ہسپتال میں کرونا وائرس کی تشخیصی ٹیسٹ سہولیات کو ہسپتال کی مین بلڈنگ سے علیحدہ رکھا گیا ہے۔ ہسپتال میں موجود آپریشن تھیٹر میں مریض کے داخلے سے پہلے یونیورسل ٹیسٹنگ کے تحت کرونا وائرس کی نشاندہی کی جاتی ہے تاکہ علاج کے لیے سہولیات کو محفوظ طریقے سے دیگر مریضوں تک پہنچایا جائے۔ کیش کاؤنٹرز، فارمیسی اور ایسی جگہیں جہاں قطار کی ضرورت پڑتی ہو تو وہاں ایک خاص فاصلے کو برقرار رکھا گیا ہے۔ ہمارا Housekeeping سٹاف مریضوں کی آمد و رفت والی جگہوں مثلاً کاؤنٹرز، بیٹھنے کی جگہیں، دروازوں کی صفائی اور Disinfection کو یقینی بنا رہا ہے۔ احتیاط کے طور پر مریض کے ساتھ صرف ایک ملاقاتی کی اجازت ہے اور بچوں کے غیر ضروری داخلے کو بھی روکا گیا ہے۔ ڈاکٹر سے مشورے کے لیے آن لائن اور دیگر ہوم ہیلتھ سروسز بھی شروع کی جا چکی ہیں۔

Shifa International Hospital provides a **SAFE & SECURE** healthcare environment for you & your loved ones



CME Webinar Series on COVID-19 Pandemic

Panel Discussion | Q & A Session

Every Thursday at 11:00 am – 12:00 pm

*These webinars are broadcasted LIVE via Zoom.
To join the webinar, please refer to the Zoom Webinar ID: 927-8414-1436
on coming Thursday at 11:00 am*

Continuing Medical Education (CME) Webinar Series: COVID-19 Pandemic

Shifa International Hospital has been organizing weekly CME webinar series on COVID-19 pandemic for medical staff, nurses, paramedics, pharmacists, healthcare professionals and general public to create awareness of COVID-19 and address the questions on every Thursday.

BASICS OF COVID-19 (April 30, 2020)

Overview was given by Dr. Ejaz A. Khan, Section Head Infectious Diseases, SIH. A talk on **"Clinical Features"** was delivered by Dr. M. Javid Bhutta, Consultant Infectious Diseases, SIH and Dr. Abdus Salam Khan, Consultant & Director Emergency Medicine Department, SIH discussed the **"Triage in Emergency Room"**.

CHALLENGES OF SCREENING (May 07, 2020)

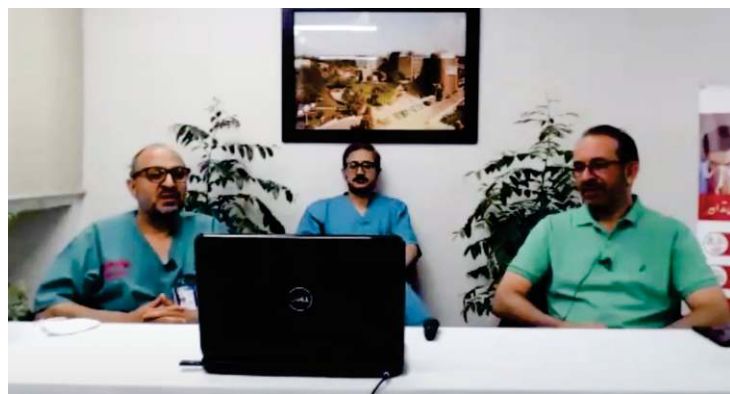
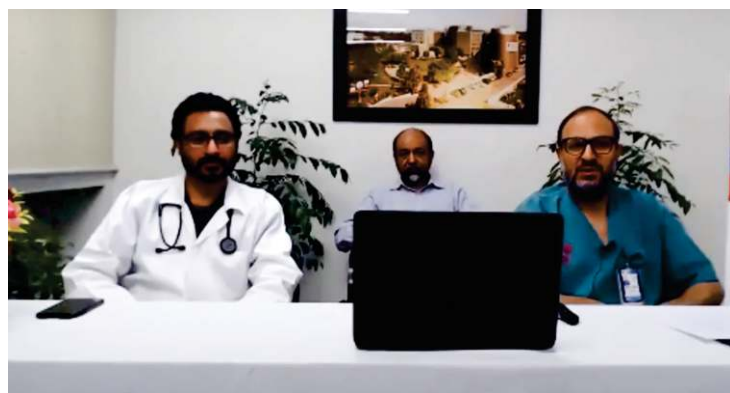
"Testing Indications" was discussed by Dr. Ejaz A. Khan, Section Head Infectious Diseases, SIH. Dr. Imran Nazir Ahmad, Consultant & Chief of Pathology, SIH gave the presentation on **"SARS - CoV2 PCR Testing"** which was followed by the **"Role of Imaging"** discussed by Dr. Atif Iqbal Rana, Consultant & Chief of Radiology, SIH.

MANAGEMENT OF COVID-19 (May 14, 2020)

Dr. M. Javid Bhutta, Consultant Infectious Diseases, SIH discussed the **"Medical Management of COVID-19"** and **"Therapeutic Options under Investigation"** followed by the talk on **"COVID-19 Pneumonia"** by Dr. Aftab Akhtar, Consultant & Section Head Pulmonology & Critical Care, SIH.

PROTECTING HEALTHCARE WORKERS (HCWs) FROM COVID-19 (May 21, 2020)

Dr. Ejaz A. Khan, Section Head Infectious Diseases, SIH discussed the **"Risks and Challenges to Protect HCWs"** followed by the talk on Infection Control Measures in hospital for COVID-19. Ms. Ruth Samuel, Manager Infection Control Department, SIH & Dr. Maryam Sharif, Assistant Consultant, Employee Health Clinic, SIH shared the **"Risk Assessment and Management of Exposure of HCWs"** in the context of COVID-19.



Shifa Foundation Initiates COVID-19 Response Food for Daily Wagers Campaign



Pakistan's daily wage workers struggle to survive and face hunger due to lockdown to control the spread of COVID-19. Shifa Foundation, a national charity organization had decided to launch **COVID-19 Response: Food for Daily Wagers Campaign** under the slogan of Lockdown Mei Naiki Ko Unlock Karo means Unlock Good Deed in Lockdown.

Shifa Foundation is involved in such philanthropic activities throughout the year, however, it was challenging to organize the distribution of food packages this time due to COVID-19 threats. But Alhamdulillah Shifa Foundation managed to follow all the Standard Operating Procedures (SOPs) issued by the Government of Pakistan and the World Health Organization (WHO) while distributing the food packages. This includes practicing social distancing, hand hygiene practice and use of sanitizers, etc. Shifa Foundation verified the deserving families list via telephone and to avoid large crowds, the food packages were delivered at the doorsteps of the beneficiaries. Face masks and soaps were also distributed to deserving families. Shifa Foundation had received a tremendous global response on the campaign and was able to provide food to almost 2,300 families with an average of seven people in a household. This distribution was completed by the mid of May 2020 in different areas of capital city Islamabad, different cities of Khyber Pakhtunkhwa (KPK), Punjab, and Sindh. Shifa Foundation aims to reach 20,000 more deserving people in the coming weeks.



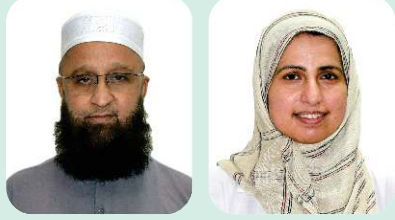
انٹرنیشنل نرسز ڈے سے متعلق ویڈیو
دیکھنے کے لیے QR کوڈ کو اسکیئن کریں



NURSES
A VOICE TO LEAD
NURSING THE WORLD
TO HEALTH



Shifa International Hospital's Awareness Initiative of a Free Information Helpline on COVID-19 (Coronavirus)



Shifa International Hospital, Islamabad is providing Free Coronavirus Helpline for the general public. This service enables people to get in touch with our doctors to get guidance on COVID-19 through a phone call. Our doctors guide the general public by informing them about symptoms, providing moral support & recommending necessary actions to protect themselves & their family members. **Dr. Aijaz Aslam**, Chief Medical Officer (Gulf Cooperation Council, SIH) & **Dr. Faryal Shoaib**, Asst. Consultant (Internal Medicine, SIH) provided guidance and information to almost 3,000 callers since 14th April, 2020.

CORONAVIRUS HELPLINE
Ph: 051-4938904
Get FREE Health Information
Monday to Saturday 9:00 am to 5:00 pm



Shifa
International
Hospitals Ltd.



کوالٹی ہیلتھ کیئر - آپ کی دہلیز پر



Tele Clinics

Home Lab



Home Monitoring for COVID-19 Patients



Home Physiotherapy



Home Pharmacy



Home Vaccination



Home Nursing



eShifa Home Health Services

eShifa - ہوم ہیلتھ سروسز

<https://www.shifa.com.pk/eshifa>

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We would love to hear from you

If you have any questions, comments or any suggestions as to what can be included in this newsletter, please write to us