



Monthly Newsletter

# SHIFA SPEAKS

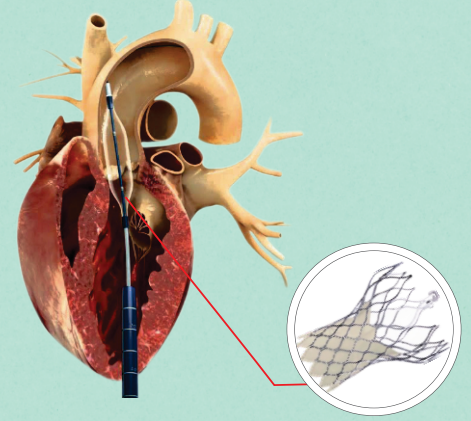
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## Shifa International Hospital performs **FIRST EVER UNIQUE TAVR PROCEDURE** in the region to replace degenerated "Surgical" Aortic Valve

The cardiology team at Shifa International Hospital has performed first-ever TAVR (Transcatheter Aortic Valve Replacement) procedure in the region to replace degenerated surgical aortic valve of an elderly patient. The procedure was performed by **Dr. Asaad Akbar Khan** (Consultant Interventional Cardiologist) who has experience of performing 500 TAVI procedures in the United States (U.S).

Earlier, the same team also performed first-ever TAVI (Transcatheter Aortic Valve Implantation) procedure in the region in January 2020 on a patient suffering from a critical heart condition.

TAVI/ TAVR has emerged as a breakthrough in the field of interventional cardiology and is now recognized as an alternative for selected high-risk patients for a valve replacement without open-heart surgery.



### ایک اور سنگ میل

کارڈیالوجی ڈیپارٹمنٹ، شفا انٹرنیشنل ہسپتال میں  
خطے میں پہلا دل کے پرانے سرجیکل والو کا  
بغیر آپریشن (TAVR) کے ذریعے کامیاب علاج





# جشن آزادی: پرچم کشائی کی پروقار تقریب

شفاف انٹرنیشنل ہسپتال میں یوم آزادی کے حوالے سے ایک مختصر لیکن پروقار پرچم کشائی کی تقریب کا انعقاد ہوا۔ جس میں ہسپتال کی اعلیٰ انتظامیہ نے شرکت کی۔ پاکستان کا قومی پرچم ترانے کی گونج اور سیکورٹی اسٹاف کی سلامی کے ساتھ ساتھ فضا میں بلند کیا گیا۔

ہسپتال کے سی ای او ڈاکٹر منظور ایچ قاضی تقریب کے مہمان خصوصی تھے۔ انہوں نے حاضرین سے خطاب میں جشن آزادی کی مبارک باد دیتے ہوئے کہا کہ ملکی ترقی میں ہم اپنا حصہ اس طرح سے ڈال سکتے ہیں کہ ہم اپنی تمام صلاحیتیں بروئے کار لاتے ہوئے اپنے ہنر اور شعبے سے متعلقہ بہتر سے بہتر کام کریں اور ان شاء اللہ یہ سال پہلے کی نسبت بہت بہتر ہو جائے گا۔ ڈاکٹر قاضی نے مزید کہا کہ ایک بہت بڑی وبا آئی لیکن یہ کہتے ہوئے خوشی ہوتی ہے کہ آپ کی ٹیم، انکیزیکو کیٹی، لیڈر شپ اور ہر ایمپلوائی نے بہت ہی پروفیشنل اور منظم طریقے سے اس کا سامنا کیا۔ ڈاکٹر قاضی نے کرونا کی وبا میں شفاف انٹرنیشنل ہسپتال سے تعلق رکھنے والے ان افراد کو بھی خراج تحسین پیش کیا جو اس دوران اپنی جان کی بازی ہار گئے۔



## Independence Day Celebration at Shifa College of Medicine (SCM), STMU

Independence Day Celebration was also held at Shifa College of Medicine, STMU. It was moderated by Dr. Sajida Naseem, Associate Professor of Community Medicine. The ceremony started with the recitation of the Holy Quran followed by a flag hoisting by the Chancellor of STMU Dr. Manzoor H. Qazi, VC of STMU Dr. M. Iqbal Khan, and Dean of SCM Prof. Dr. M. Amir. Maj. Gen (R) Prof. Dr. M. Aslam, Former VC University of Health Sciences (UHS) Lahore was the guest speaker. Faculty and staff were present at the ceremony but due to COVID-19 SOPs students of SCM joined this ceremony through a live broadcast on Facebook. Students participated enthusiastically by sending their recorded performances which included debate, artwork, poems, and songs related to Independence Day. All the dignitaries gave a message aiming to strengthen the patriotism and integrity of our beloved Pakistan. It was followed by a cake-cutting ceremony and Dua.

## Shifa Foundation Helped 1,800 People Everyday in Year 2020

Shifa Foundation organized a humble yet elegant ceremony to mark the Independence Day of Pakistan at its head office. Dr. Khadeeja Azhar, Associate Director Programs Shifa Foundation, while addressing the attendees shared that in the year 2020 Shifa Foundation has helped around 1,800 people everyday to make Pakistan a better place. From 1st January till 14th August 2020, Shifa Foundation managed to distribute ration packs among 25,000 beneficiaries affected by unemployment. 123,840 pregnant women and infants were screened, 229,325 pregnant women and infants were given nutrition support and 10,000 kg of sacrificial meat was distributed among 30,000 deserving people.

For donations to the noble causes please visit:  
<https://shifafoundation.org/donations>





# WEBINAR



JOIN NOW

## CME Webinar Series

Panel Discussion | Q & A Session

These webinars are broadcasted LIVE via Zoom



### CANCER PAIN MANAGEMENT

Shifa International Hospital has arranged a webinar on the topic of **"Cancer Pain Management & End of Life Care"** on August 05, 2020. Goal of the activity was to provide the updated and the effective knowledge of cancer pain management & end of life care. Speakers were Dr. Naveed Ahmed Durrani, Dr. Ateeq-ur-Rehman Ghafoor and Dr. Aqdas Kazi. Panelists were Brig. (R) Dr. Asif Gul Kayani, Prof. Dr. Khalid Bashir, Prof. Dr. Gauhar Afshan, Prof. Dr. Saleh Khashkheli, Dr. M. Farrukh, Prof. Dr. Munir Ahmad, Dr. Romana Shaida Durrani & Lt. Col. Dr. Rashid Iqbal. Webinar was moderated by Dr. Salman A. Saleem, Consultant Pain Medicine & Associate Professor Anesthesiology, Shifa International Hospital & Shifa College of Medicine, Islamabad.



### NEUROLOGY AND COVID-19

It was 12<sup>th</sup> topic of the series held on August 13, 2020. **"Experience & Challenges of Neurology and COVID-19"** was discussed in detail by Prof. Dr. Maimoona Siddiqui, HOD & Consultant Neurologist, SIH. **"Stroke in the time of COVID-19"** was discussed by Dr. Sahrish Aiesha Kazi, Associate Consultant Neurologist, SIH. Webinar was concluded with a Q & A session.



### GRAND ROUND – GENERAL SURGERY | SURGICAL MANAGEMENT OF GERD AND HIATUS HERNIA

Grand Round on General Surgery was held on August 15, 2020. A talk was delivered by Dr. M. Sohaib Khan, Associate Consultant General Surgeon, SIH, facilitated by Prof. Dr. M. Amir, Consultant General Surgeon, SIH.



### COVID – 19 PANDEMIC | UPDATE ON MANAGEMENT

It was 13<sup>th</sup> topic of the series held on August 27, 2020. **"Experience & Challenges of Management during COVID-19"** was discussed in detail by Prof. Dr. Ejaz A. Khan, Consultant/ Chief of Pediatrics & Section Head Infectious Diseases, SIH followed by the talk on **"Management of COVID-19 in Adults"** by Dr. Naveed Rashid, Consultant Infectious Diseases, SIH.



**M. JAMIL**  
Assist. Head Nurse



**SAMINA LATIF**  
Staff Pharmacist



*Employee/ Nurse of the Month*  
**June 2020**

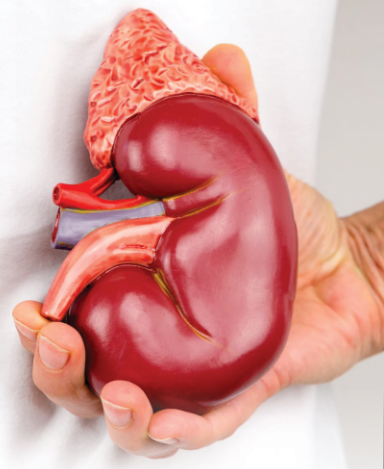


## SHIFA INTERNATIONAL HOSPITAL INTRODUCES LASER TECHNOLOGY (HOLMIUM) IN UROLOGY

Shifa International Hospital is pleased to introduce laser technology (Holmium) in the urology department. Laser technology is used in various urological surgeries including surgery for kidney stones, prostate enlargement, etc.

For stones in the kidney or ureter, laser lithotripsy effectively breaks stones into sand. Benefits of laser lithotripsy include:

- Safe in high-risk patients
- Quick recovery
- Early discharge (Maybe on the same day)
- Minimum follow-up requirements
- No incision, so no pain of the incision
- Reduced hospital stay
- Early back to work



علاج میں تاخیر آپ کی  
بیماری کو بڑھا سکتی ہے

آپ کی صحت اور حفاظت ہماری اولین ترجیح ہے



شفا ہارٹ اینڈ واسکولر سینٹر

دل کے مریضوں کے بروقت اور محفوظ علاج

کے لیے تمام سروسز کی مسلسل فراہمی

■ سینے میں درد کے مریضوں کے لیے

24 گھنٹے ایمرجنسی سروسز

■ OPD میں کارڈیالوجسٹ سے معائنہ

■ اسٹیجو گرافی، اسٹیجو پلاسٹی اور دل کی سرجری

کے لیے علیحدہ اور انفیکشن سے محفوظ کیتھ لیب،

آپریشن تھیٹر اور انتہائی نگہداشت (CCU) یونٹ



Availability of an  
Expert Cardiologist for  
**Heart Emergencies**



Location: Sector H-8/4, Islamabad - Pakistan.  
UAN: +92 51 1111 shifa (74432)  
shifa.international.hospital  
www.shifa.com.pk



**We would love to hear from you**

If you have any questions, comments or any suggestions as to what can be included in this newsletter, please write to us at: media@shifa.com.pk or call at 051-8463804/ 4532