



Monthly Newsletter

SHIFA SPEAKS

Volume: 10 | Issue: 8 | March, 2021



MRS. SAMINA ARIF ALVI
First Lady,
Islamic Republic of Pakistan

1st Shifa Ladies Golf Match

as part of

Breast Cancer Awareness



Shifa International Hospital and Shifa Foundation collectively organized 1st Shifa Ladies Golf Match at Margalla Greens Golf Club Islamabad as part of Breast Cancer Awareness Campaign.

The Honorable First Lady, Mrs. Samina Arif Alvi was the chief guest of the event who is successfully leading the breast cancer awareness campaign in the country. More than 65 female golfers and children from different cities participated in the golf match. The golfers were dressed in pink to symbolize their support to the cause. Mrs. Alvi lauded the efforts of Shifa Int. Hospital and Shifa Foundation & urged all the women to be cautious about any initial abnormality and complication by going through regular self-exams and screenings to treat the disease at an early stage.

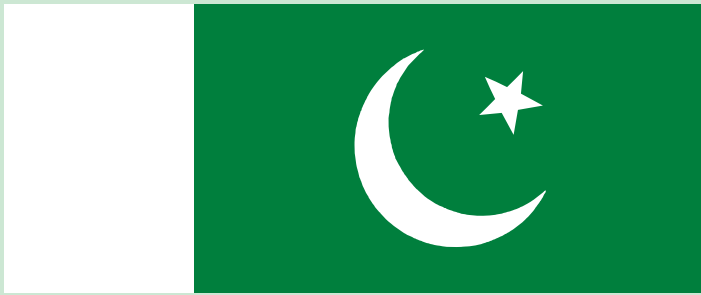
Dr. Manzoor H. Qazi, Chief Executive Officer, Shifa International Hospital and Chairman, Shifa Foundation stated that breast cancer is the most common type of cancer in Pakistani women. He reiterated support by Shifa Foundation and Shifa Int. Hospital to empower women communities by providing facilities for breast cancer screening, diagnosis, and treatment.

Dr. Zeeshan Bin Ishtiaque, Medical Director, Shifa International Hospital mentioned that the hospital has established a specialized Breast Clinic with a multidisciplinary team of professionals to provide an integrated and personalized care to the patients under one roof.

Mr. Taimoor Shah, Chief Operating Officer, Shifa International Hospital said that the aim to organize this event is to empower women in the fight against cancer. The management of Shifa Int. Hospital announced Free Mammography Screening for all the female players/ golfers and various initiatives to further spread and strengthen this chain of awareness to benefit women.



صحت مند خواتین | صحت مند معاشرہ



With *Faith*,
Discipline and
Selfless Devotion to **duty**,
there is nothing **worthwhile**
that you cannot **achieve**

Quaid-e-Azam
Muhammad Ali Jinnah

Pakistan Day

23RD

MARCH



Inauguration of

SHIFA PAEDS/ CHILDREN CLINIC

Your Child Needs Special Attention & Care



NOW OPEN! at

BAHRIA TOWN

Civic Center, Phase 4



Treatment of all kinds of allergies & infections in children and routine vaccines will be available for children to protect against seasonal and other preventable diseases at specialized Shifa Paeds/ Children Clinic at Bahria Town Civic Center, Phase-4, Islamabad. Mr. Taimoor Shah, Chief Operating Officer SIH, Mr. Malik Muhammad Uzair, Administrator HR&D SIH, Dr. Farah Ansari, Medical Director SIHT (Shifa Integrated Healthcare Technologies), and other officials attended the inauguration ceremony. An internationally experienced child specialist Dr. Mazhar Hussain Raja will be available at the clinic on every Monday, Wednesday, Thursday & Saturday from 6 pm to 8 pm.



Shifa Labs/ Clinics, Civic Center, Mateen Arcade, Phase 4, Bahria Town, Islamabad. Ph: 0336-5555095

**Shifa Foundation &
Shifa International Hospital**
marks **CANCER DAY** & **KASHMIR DAY**



A large number of people participated in a hiking activity at Trail 3 of Margalla Hills Islamabad, marking World Cancer Day & Kashmir Solidarity Day. The hike was organized by Shifa Foundation, a not-for-profit organization that focuses on health, nutrition, and safe water for deprived segments of Pakistan.

Dr. Khadeeja Azhar, Director, Shifa Foundation, said that the prime objective of the cancer awareness hike is to encourage people to follow best health practices to protect themselves & their family members from this deadly disease. She provided health tips to the participants & advised them to ensure walk in their daily life for physical & mental health.

Addressing the participants, Dr. Zeeshan Bin Ishtiaque, Medical Director, SIH, said that it is important to understand symptoms and risk factors of cancer for prevention and an early detection to ensure successful treatment.

Mr. Taimoor Shah, COO, SIH, while addressing the audience condemned the atrocities and human rights violations in Indian occupied Kashmir and aspired for a peaceful resolve of the problem as per UN resolutions.



SHIFA CARDIOLOGY TEAM & Dr. Asaad Akbar Khan

(Consultant Interventional Cardiologist)

successfully performed First Ever Angioplasty
Procedure Using "Promus Elite Stent" in Pakistan



The Cardiology Team at SIH has successfully performed First Ever Angioplasty Procedure using "Promus Elite Stent" in Pakistan. The procedure was carried out under the supervision of Dr. Asaad Akbar Khan (Consultant Interventional Cardiologist). Shifa International Hospital is the first to acquire this latest FDA approved, advanced technology, in the country to facilitate high risk heart disease patients. The state of the art architecture of "Promus Elite Stent" makes its deliverability profile superior & has a proven long term safety record.

CME WEBINAR AND GUEST LECTURE SERIES

These webinars are broadcasted LIVE via Zoom

RENAL DOSE MANAGEMENT



- In collaboration with Pharmacy Department, a webinar on "RENAL DOSE MANAGEMENT" was scheduled on Feb 20, 2021
- Lecture was delivered by Ms. Javeria Khalid, Pharm-D, M. Phil. (Pharmacy Practice), Clinical Pharmacist in Transplant Services, SIH

BUSINESS DEVELOPMENT & STRATEGIC PLANNING



- Shifa International Hospital in collaboration with Shifa Foundation has organized the guest lecture about "Business Development and Strategic Planning"
- Guest Lecture was delivered by Mr. Nabeel Ahmed Malik, Director Project Development & Advisory, Shifa Development Services Pvt. Ltd.



Dr. Malik Imad Khan, COO, Shifa External Services & Mr. Taimoor Shah, COO, SIH had a meeting with Mr. Xie Guoxiang, Minister-Counselor, (Economic & Commercial) at Embassy of the People's Republic of China in Islamabad. The objective was to further enhance cooperation and training opportunities between Shifa International Hospital and Chinese Institutions.



EMPLOYEE TRAINING & DEVELOPMENT PROGRAM

by Human Resource Department, SIH

(LEADS TRAININGS)



Employee Farewell Event

ASMA BIBI

Assistant Manager
Case Management Department
28th January, 2021



Good Luck!
😊



WORLD CANCER

DAY - کینسر کا عالمی دن

February 4, 2021

QR کوڈ اسکین کریں اور معلوماتی ویڈیوز دیکھیں



کینسر کا علاج اور مراحل



کینسر کی تشخیص



کینسر کی علامات



کینسر کی وجوہات



کینسر کی اقسام

QR Code: World Cancer Day 2021



INTERNATIONAL EPILEPSY DAY

مرگی کی بیماری، علامات اور علاج



QR Code: Epilepsy Day



Success Story

MR. & MRS. MUBASHIR

treatment for **RHESUS DISEASE**

(Mismatch between Mother & Baby Blood Group)



QR Code: Success Story of Rhesus Disease Patient

پاکستان کا کامیاب ترین آرگن ٹرانسپلانٹ پروگرام

PAKISTAN'S LEADING ORGAN TRANSPLANT PROGRAM



کارنیا ٹرانسپلانٹ
Cornea Transplant



بون میرو ٹرانسپلانٹ
Bone Marrow Transplant



کڈنی ٹرانسپلانٹ
Kidney Transplant



جگر ٹرانسپلانٹ
Liver Transplant



ایک ہی چھت تلے
ماہر ٹیم کی زیر نگرانی ٹرانسپلانٹ سروسز
کی بین الاقوامی معیار کے مطابق فراہمی

امید اور زندگی کے سفر میں آپ کے ہم قدم

051-8464646, 0345-8553845

www.shifa.com.pk

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We would love to hear from you

If you have any questions, comments or any suggestions as to what can be included in this newsletter, please write to us at: media@shifa.com.pk or call at 051-8463804/ 4532