



Monthly Newsletter

# SHIFA SPEAKS

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## *Breast Cancer Awareness Session* Organized at Aiwan-e-Sadar, Islamabad by Shifa International Hospital as Part of National Campaign

The honorable First Lady; Mrs. Samina Arif Alvi has been actively involved in national breast cancer awareness campaign by arranging educational programs throughout the year to sensitize Pakistani women on this grave issue. In continuation to this, a breast cancer awareness session was arranged by Shifa International Hospital at Aiwan-e-Sadar to educate female employees and spouses of employees of the President Secretariat. The team undertook screening of the participants to later offer free mammography at Shifa International Hospital. Consultant Radiation Oncologists; Dr. Uzma Qasim and Dr. Hira Asim explained to the audience about the general risk factors of breast cancer, prevention, and guidelines for self-assessment to identify any abnormality at an early stage. They also answered the questions of the participants during a detailed Q&A session.

Speaking on the occasion, the honorable First Lady; Mrs. Samina Arif Alvi who was the chief guest of the event lauded the contribution by Shifa International Hospital and reiterated the need to keep on arranging such programs throughout Pakistan to benefit Pakistani women. She also said that hiding the disease in the name of taboo is not a solution and it is essential to speak upon it to help women get early diagnosis and thus protect their lives.

Dr. Farah Naz Ansari, Medical Director, Shifa Integrated Healthcare Technologies (SIHT) in her closing remarks appreciated the efforts and interest of the First Lady, who is leading the breast cancer awareness campaign in the country. She also vowed her resolve to continue organizing such awareness activities for breast cancer awareness for the masses.



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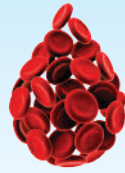
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## Shifa BMT Team Achieved Landmark of performing **300** BONE MARROW TRANSPLANTS



A ceremony was recently arranged to commemorate the completion of over 300 Bone Marrow/ Stem Cell Transplants at Shifa International Hospital Islamabad. Speaking on the occasion, Dr. Ayaz Mir, Director BMT Program, acknowledged the efforts and contribution of the whole multidisciplinary team for achieving this milestone. Dr. Ayaz Mir along with the core BMT team members; Maj. Gen (R) Tariq Mahmood Satti, Consultant Hematologist & BMT Specialist and Dr. Azhar Shafi, Consultant Hematologist, mentioned that the Shifa BMT program is the most affordable program in the country which has been managing most challenging cases in the region including high-risk malignancies (Leukemia, Lymphoma, Myeloma, and Germ Cell Tumors) and benign hematologic diseases (Aplastic Anemia, Thalassemia, PNH, etc.) by performing Autologous and Allogeneic (fully matched & half-matched HAPLO) transplants.

Dr. Manzoor H. Qazi, Chief Executive Officer, congratulated consultants, nursing, medical & paramedical teams, technical and support teams on completion of over 300 BMT transplants with excellent results with a success rate comparable to International Standards.

Speaking on the occasion, Dr. Zeeshan Bin Ishtiaque, Chief Medical Officer, recognized and acknowledged the contribution made by the pioneers, i.e., Dr. Kamran Rasheed and the rest of the team, and reiterated to further expand the program to benefit larger patient communities.

Mr. Taimoor Shah, Chief Operating Officer, and executive management also thanked the BMT team for transforming the lives of patients and their families by providing hope, compassion, and quality healthcare.

### ICCI, NCOC & Shifa International Hospital Collaborated For COVID-19 Vaccination

The Islamabad Chamber of Commerce and Industry (ICCI) & National Command and Operation Center (NCOC) established a COVID-19 Vaccination Center at ICCI premises in collaboration with Shifa International Hospital to vaccinate chamber members, employees, and their families.

The center was inaugurated by Mr. Hamza Shafqaat, Deputy Commissioner Islamabad, along with Sardar Yasir Ilyas Khan, President ICCI, and Mr. Taimoor Shah, Chief Operating Officer, Shifa Int. Hospital.

Expressing his views, Mr. Hamza Shafqaat congratulated ICCI for opening a vaccination center for its members & appreciated the proactive & dynamic approach of President ICCI. He also thanked Mr. Taimoor Shah, Chief Operating Officer, SIH, for supporting the cause to control the spread of coronavirus in the Federal Capital.







## SHIFA OUTREACH CLINICS HELD AT MIRPUR, AZAD KASHMIR

Shifa International Hospital has been endeavoring to outreach quality healthcare services to various patient communities all across Pakistan. In this context, being part of the hospital's outreach program, 3 OPD clinics of a multi-specialty team were arranged at Mirpur in June, 2021.



DR. YASSER MASOOD



PEDIATRIC CLINIC



DR. AMJAD KHAN



CHILD SKIN CARE CLINIC



DR. ASAAD AKBAR KHAN



CARDIOLOGY CLINIC



## CME SESSIONS

### Refresher Trainings for Healthcare Workers of Gilgit Baltistan

With the vision to bridge knowledge gaps by providing capacity-building services and innovative solutions for the healthcare workers of Gilgit Baltistan, the Shifa Center of Professional Excellence (SCOPE) in collaboration with the Government of Gilgit Baltistan signed an agreement & conducted various training sessions from March 8th to June 19th, 2021. The aim of the agreement was to develop the expertise & effectiveness of healthcare workers of Diamer/Astore Region by providing a specialized training for COVID-19 protocols and SOPs, which are being followed by the Shifa International Hospital, Islamabad.



### Webinar on Pediatric Dermatology in ER

Shifa Center of Professional Excellence (SCOPE) in collaboration with Shifa International Hospital organized a webinar on PEADS Dermatology in ER. The lecture was delivered by Pakistan's only foreign qualified Neonatal Dermatologist Dr. Amjad Khan, who is associated with Shifa International Hospital, Islamabad. He is a Fellow of the Royal College of Pediatrics & Child Health, UK.

He described about the Skin Infections, Inflammatory Rashes and Systemic Diseases in detail, followed by a Questions & Answers session.



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## CLOSING CEREMONY OF LEADS TRAINING PROGRAM by Human Resource Department, SIH

A closing ceremony of the LEADS Training Program was held on 12th June 2021, where participants, facilitators & organizers were awarded shields for their outstanding participation in the success of the program.

Mr. Taimoor Shah, Chief Operating Officer and Malik Muhammad Uzair, Administrator HR & D presented shields & shared their appreciation towards the development of future leaders who are not only valuable to SIH but also to any organization that they intend to serve. They forwarded best wishes & hoped that these leaders will serve their purpose as mentors for the future by strategizing these learned competencies.

As the program title proclaims, training participants were equipped with a toolbox of competencies and strategies. The participants will be able to immediately implement these strategies, keeping in view the essential leadership traits of visualizing, inspiring, and decision making.

Human Resource & Development Department, SIH designed a comprehensive & structured Leadership Development Program, which was based on the experience & identified essential set of competencies for selected employees to transform them into leaders of tomorrow through Shifa's Leadership Development Program. LEADS Program commenced on March 2020, specifically designed to:

- Enable competencies for self-leadership
- Develop influential leaders who can positively impact the organizational culture by engaging the workforce
- Enhance learning capacity at multifaceted areas that will ensure the readiness of cross-functional roles
- Instill the drive for innovation, so leaders understand how to manage change and respond to resistance
- Preparing future leaders following the standard model of leadership



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We would love to hear from you

If you have any questions, comments or any suggestions as to what can be included in this newsletter, please write to us at: media@shifa.com.pk or call at 051-8463804/ 4532