

Ten Bad "Antibiotic Practices" that Harm Patients

1. Non-adherence to proper Infection Control practices
2. Not sending appropriate cultures and tests to diagnose an infection
3. Using redundant serology tests (typhoid, TB) for diagnosis
4. Prescribing antibiotics for non-infectious illnesses
5. Treating viral illnesses with antibiotics
6. Treating colonization, contamination or non-infection illness with antibiotics
7. Choosing inappropriate and broad spectrum antibiotics (Such as Cefixime)
8. Not reviewing and adjusting antibiotics
9. Prolonging duration of antibiotics, hospitalization or use of invasive procedures
10. Incorrect surgical antibiotic prophylaxis

My "TEN" Lifelong Resolutions

1. I will wash hands as per Hand Hygiene Guidelines
2. I will follow isolation and contact precautions
3. I will diagnose infection appropriately
4. I will not use tests that are not recommended
5. I will counsel my patients about illnesses that do not require an antibiotic
6. I will choose the right antibiotic(s) for the right infection and right duration
7. I will review my choice of antibiotics after response and culture results to de-escalate
8. I will avoid un-necessary procedures and hospitalizations
9. I will strictly follow surgical prophylaxis
10. I pledge that I will reduce unnecessary antibiotic usage in my clinic and hospital and help in National efforts to improve costs, reduce antibiotic resistance and improve my patients outcomes

ذراڑ کئیے! ذراسوچئیے!

اینٹی بائیوٹکس لیتے وقت احتیاط!

A Public Service Message by

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