



**Shifa**  
International  
Hospitals Ltd.

Monthly

# NEWSLETTER

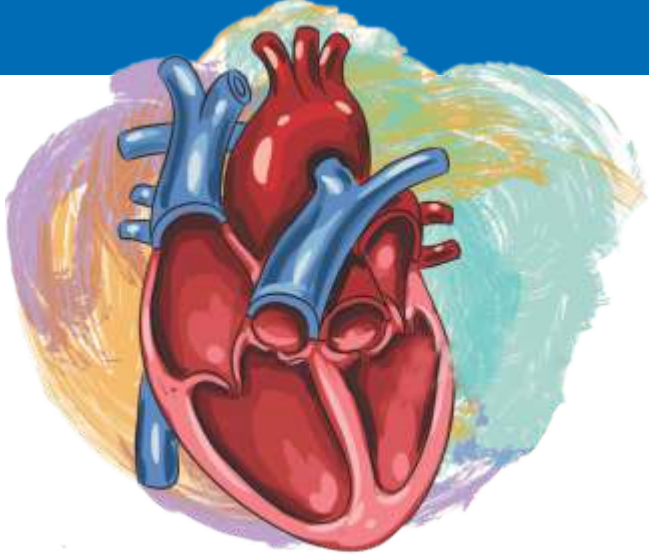
## SHIFA SPEAKS



NOV, 2022

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**Shifa International Hospital**  
*Initiates*

## FIRST EVER LEADLESS PACEMAKER FOR HEART PATIENTS



**Dr. Asad Ali Saleem**  
Consultant Cardiologist  
& Electrophysiologist

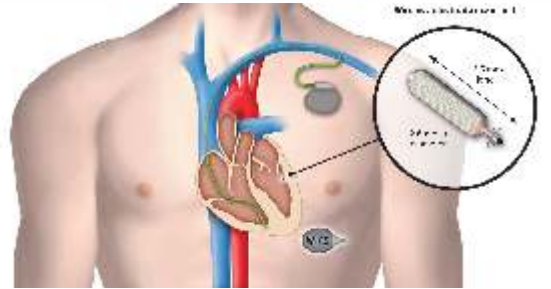


**Dr. Liaqat Zaman**  
Consultant Cardiac  
Electrophysiologist

**E**lectrophysiology Department of Shifa International Hospital, Islamabad initiates the implantation of Leadless Pacemakers for patients suffering from heart rhythm disorders under the supervision of Dr. Asad Saleem and Dr. Liaqat Zaman. The technology is revolutionary and the first of its kind to be started in Pakistan. A leadless pacemaker is a small self-contained device that is inserted in the right ventricle of the heart, which sends small electrical impulses to the heart muscle to maintain a suitable heart rate or to stimulate the lower chambers of the heart (ventricles).

The innovative pacemaker technology has many benefits over traditional pacemakers as it doesn't require a lead and doesn't require the creation of a surgical pocket in the patient for pacemaker insertion hence reducing the risks of complications. Leadless pacemakers take less time to implant and function and patients are typically not required to limit their functions of the upper body such as lifting weights.

Shifa's Electrophysiology Department is equipped with all the latest technology such as state-of-the-art Electrophysiology Laboratory, advanced diagnostic and therapeutic instruments, and most importantly a dedicated team of internationally qualified Electro physiologists working in coordination to treat each patient with utmost care and provide solutions resulting in best outcomes.



## PULMONARY FUNCTION TEST

*Diagnosis of*

## BREATHING & LUNG DISEASES

*with accuracy like never before*

صحت مند سانس | صحت مند زندگی

**KoKo Px 4000**  
Latest Pulmonary  
Function Testing System  
NOW AVAILABLE



## SHIFA HOLDS SEMINAR ON KIDNEY TRANSPLANT & FLOW CYTOMETRY

Shifa International Hospital conducted a Continuing Medical Education (CME) seminar on the topics of HLA Typing, DSA's & Kidney Transplants, and Flow Cytometry in collaboration with the Department of Nephrology, Jinnah Hospital and Department of Oncology/ Pathology Jinnah hospital Lahore respectively. The speaker, Brig (R). Dr. Tahir Aziz Ahmed (Consultant Immunologist), Dr. Humaira Nasir (Consultant Histopathologic), and Dr. Shafiq Cheema (Consultant Nephrologist) explained to the audience the latest developments and the modern practices applied to ensure the best diagnostic outcomes. The event was attended by leading nephrologists, urologists, oncologists, pathologists & physicians. Chief Guest Prof. Dr. Yahya (Principal, Allama Iqbal Medical College, Lahore) appreciated the role of the Shifa team in conducting such an informative session in Lahore.

Dr. Imran Nazir Ahmad (Chief of Pathology, Shifa International Hospital), who was the speaker at the Flow Cytometry seminar, vowed to conduct more informative seminars & training workshops in collaboration with healthcare institutions for capacity building of doctors, associated staff & institutions to tackle the contemporary challenges related to kidney transplant & cancer treatment.



### MAP awards Shifa with 9<sup>th</sup> Consecutive Corporate Excellence Award in healthcare sector

Shifa International Hospital has achieved the 9th consecutive corporate Excellence award in the healthcare sector by the Management Association of Pakistan (MAP). Mr. Muhammad Zahid (Executive Director & Member BOD, SIH) received the award from Mr. Miftah Ismail former federal minister of finance, who was the chief guest of the 37th MAP Excellence Awards ceremony in Karachi.

Shifa International Hospital won the award for having the best corporate governance practices in the healthcare sector. Dr. Manzoor H. Qazi (CEO, SIH) on the occasion, reiterated the organization's commitment to providing quality healthcare and the latest medical technologies to the people of Pakistan.



### DR. MALIK IMAD KHAN, COO-SES VISITS OMAN IN A BID TO PROMOTE SHIFA SERVICES



During the visit Dr. Malik Imad Khan, Chief Operating Officer Shifa External Services called on the officials from Oman Ministry of Health, Director for International Patient Referrals Dr. Sultan Salim Al Harthi, who showed keen interest in referring patients of Omani Origin to SIH.

In another meeting with Pakistan Ambassador in Oman - H.E Mr. Imran Ali Chaudhary, was briefed about SIH DWC, Dubai's role in patient facilitation and improving quality healthcare access for International community. H.E Mr. Imran Ali Chaudhary appreciated Shifa International's efforts in promoting Pakistan's healthcare services.





## SHIFA INTERNATIONAL HOSPITAL CELEBRATES RESPIRATORY CARE WEEK

Shifa International Hospital celebrates Respiratory Care Week from **October 23<sup>rd</sup> to 30<sup>th</sup>** to recognize the essential work and dedication of respiratory care professionals around the globe and the hard work that is provided by Respiratory Therapists that care for patients with cardiopulmonary diseases.

Respiratory Therapy Department, SIH in collaboration with Shifa Center of Professional Excellence (SCOPE) conducted Master-class in Respiratory Therapy on 29th October, 2022. Learning objectives of Masterclass were focused on Role of Respiratory therapy in healthcare, insomnia and sleep related breathing disorders, Improving lung cancer survival, disease specific mechanical ventilation in pediatric population, Shifa Tracheostomy Care plan and PFT Interpretation including hands on practice.



### ACTIVITIES OF SHIFA RESPIRATORY DEPARTMENT AT PIMS & SAFA GOLD MALL



### Shifa Center of Professional Excellence (SCOPE) organizes WORKSHOP ON NEONATAL MECHANICAL VENTILATION

Shifa Center of Professional Excellence (SCOPE) organized a workshop on Neonatal Mechanical Ventilation to commemorate the beginning of Respiratory Care Services in neonatal intensive care units (NICU). The objective of this workshop was to focus on basic & advanced modes of mechanical ventilation in the neonatal population. Speakers also highlighted oxygenation & ventilation matters.





# LADIES CHECK YOURSELF!

Early Detection For Your Protection

Breast Cancer Awareness Month

## SHIFA GOES PINK

In the global effort to raise awareness of breast cancer, Shifa goes pink! Shifa International Hospital's facility is decorated in all pink hue, with pink lights & pink ribbons to educate and aware people of breast cancer, and how through self-examination, mammography screening & timely detection, we can save lives!



## SHIFA COLLABORATES WITH OTHER ORGANIZATIONS FOR BREAST CANCER AWARENESS CAMPAIGN



Breast Cancer Awareness Seminar & Training Session for females staff at CDA, Capital Hospital, Islamabad.



Breast Cancer Awareness Session at Hashoo Foundation.



Breast Cancer Awareness Seminar at Khushalli Bank



Breast Cancer Awareness Seminar & Training Session for male staff at CDA, Capital Hospital, Islamabad.



Breast Cancer Awareness Seminar at MRS Technologies.



Breast Cancer Awareness Seminar at Fatima Jinnah University



## WORLD OCCUPATIONAL THERAPY DAY 2022

An awareness event on World Occupational Therapy Day 2022 was organized by Rehabilitation Department, SIH. Mr. Taimoor Shah, Chief Operating Officer, Shifa International Hospital talked about evidence-based practice and the importance of eradicating quackery by producing qualified professionals through proper clinical training in respective disciplines. Mr. Kashif Khan AGM, Rehabilitation Department, appreciated the presence of participants from far-flung areas at this event. Dr. Farah Rehman from the National Institute of Special Education - NISE also attended the event.

Saima Kanwal, senior occupational therapist highlighted the role of occupational therapy in improving ADLs in differently-abled populations. Faiza Badar, Manager Rehabilitation Department talked about the multi-disciplinary approach to managing development delays in children with special needs. Different activities were carried out including cognitive rehab exercises, games focusing on gross motor functions, and competitions requiring fine motor skills.



**Li.S.T**  
SHIFA LIFE SUPPORT TRAINING CENTER

*American Heart Association Accredits*

**Shifa Life Support Training Center to offer**



**SHIFA FOUNDATION**  
*making an effort*



**SCOPE**  
SHIFA CENTER OF PROFESSIONAL EXCELLENCE

### **ADVANCE CARDIOVASCULAR LIFE SUPPORT (ACLS), COURSE**

The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.

## GLOBAL HANDWASHING DAY

UNITE FOR SAFETY - CLEAN YOUR HANDS



## SHIFA INTERNATIONAL HOSPITAL CELEBRATES GLOBAL HAND WASHING DAY



Shifa International Hospital celebrated the Global Handwashing Day, by holding a mega event at Shifa Greens. The event was organized to shed light on hand washing practice and its significance in our daily lives, and encouraging people to improve their hand washing habits.



## Shifa International Hospital participates in 26TH Biennial PIMA Convention at Jinnah Convention Center



On October 29th & 30th, 2022, the 26TH Biennial PIMA Convention was held at Jinnah Convention Centre, Islamabad. The convention was organized by the Pakistan Islamic Medical Association (PIMA) in close collaboration with leading healthcare intuitions including Shifa International Hospital. The aim of the convention was focused on the personal & professional development of doctors related to contemporary challenges in the healthcare sector. Leading physicians and healthcare experts from different countries including Malaysia, Saudi Arabia, Turkey, USA, UK, & Australia attended the event. Dr. Manzoor H. Qazi (CEO, SIH) was invited as a guest of honor to the convention. Shifa International Hospital, Islamabad along with its sister organizations i.e. eShifa, Shifa Tameer-e-Millat University, Shifa Foundation, Tameer e Millat Foundation, and SCOPE actively participated in the two-day event by displaying a branded stall at the venue highlighting the contribution of Shifa Family in development of Healthcare Industry.



Shifa International Hospital Islamabad cordially invited members of the Federation of Islamic Medical Associations (FIMA) and the Pakistan Islamic Medical Association (PIMA) for a dinner gala. Delegates from PIMA and FIMA from 26 nations worldwide attended the occasion. Mr. Taimoor Shah, Chief Operating Officer, SIH briefed the delegates on major contributions of Shifa to regional excellence in healthcare. Dr. Manzoor Ul Haq Qazi, Chief Executive Officer Shifa International Hospital addressed the assembled delegates to tie up the proceedings.



### eShifa Mother & Baby Care Program (Home Based)

*Enjoy Your Motherhood Journey & Let eShifa Take Care of all Your Concerns*

- Trained postnatal (post birth) caregivers from Shifa International Hospital, Islamabad
- Advice about Stitches, Piles, Bleeding & other physical changes after birth
- Breastfeeding & Newborn Care
- Post-Natal Exercise Guidelines
- Online consultation with specialist doctors (Obs/ Gyne & Pediatrician)

### eShifa-Home Health Services

**Quality healthcare at your doorstep**

*An Outreach Partner of*

**Shifa International Hospital, Islamabad**



(Scan the Code & Download the App)



**051-111-111-567**

**www.eshifa.org**

### Shifa International Hospitals Ltd.

📍 Sector H-8/4, Islamabad, Pakistan.

☎ 051-8464646

**Write to Us:** If you have any questions, comments or any suggestions, please contact at

**media@shifa.com.pk or call at 051-846 3804/ 051-846 4532**

**Saima Jabbar (Editor) | Mansoor Ali Khan (Sub-Editor) | Usman Ashraf (Graphic Designer)**