



Shifa
International
Hospitals Ltd.

Monthly

NEWSLETTER

SHIFA SPEAKS

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AN AWARENESS WALK HELD AT SHIFA INTERNATIONAL HOSPITAL ON WORLD ANTIBIOTICS AWARENESS WEEK

Shifa International Hospital arranged an awareness walk in connection with World Antibiotic Awareness Week to highlight the importance of antibiotics & side effects of the unnecessary use of antibiotics. The walk was arranged to encourage best practices among the general public, health workers, and policymakers to avoid further development of antibiotic resistance. Antibiotics are considered the foundation of modern medicine, however, their overuse and misuse have encouraged the emergence and spread of antibiotic resistance.



SHIFA INTERNATIONAL HOSPITAL ORGANIZED AN AWARENESS SEMINAR ON WORLD ANTIBIOTICS AWARENESS WEEK



Shifa International Hospital organized an awareness seminar on World Antibiotic Awareness Week to highlight the importance of antibiotics and encourage best practices of antibiotics use. Shifa International Hospital's qualified doctors gave lectures on the major topics that concern antibiotics. The seminar was closed with Q&A & certificate distribution sessions.



SHIFA CARDIOTHORACIC SURGERY SERVICES

Shifa International Hospital provides the full spectrum of cardiothoracic surgery services, including pediatrics, a centre for minimal access, advanced and complex surgeries:

- Heart Bypass Surgery (CABG, Beating Heart, Total Arterial Revascularization)
- Valvular (Mini AVR/ MVR) & Aortic Surgery
- ASD/ VSD/ Congenital
- Uniportal VATS Decortications
- Airway Interventions (stents/ dilatations)
- Pectus/ Diaphragm Repairs
- Complex Chest Wall Resections and Reconstructions
- Uniportal VATS Mediastinal Surgery/ LVRS
- Tracheobronchial Resections, Sleeve Lobectomy

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SHIFA INTERNATIONAL HOSPITAL OBSERVED WORLD DIABETES DAY

Shifa International Hospital celebrated World Diabetes Day by arranging an awareness seminar where many diabetic patients were offered free HbA1c diabetes test. Consultants of Shifa delivered lectures on the management and prevention of diabetes. Dr. Matti Ullah Khan, an associate consultant endocrinologist, said on this occasion that more people are required to be educated which are at high risk of having diabetes due to unhealthy lifestyles, lack of exercise & a high consumption of sugary items. Dr. Saba Hafeez, an associate consultant endocrinologist, said that diabetes is a disease that occurs when the blood glucose is too high. She said that 90% of the population with diabetes has type 2 diabetes. She recommended that people should consume a healthy diet, do regular exercises, and walk for at least 30 minutes a day to stay healthy.

**DIABETES
CONCERNS
EVERY FAMILY**



SHIFA CLINICAL RESEARCH CENTER LAUNCHED THE FIRST CANCER REGISTRY REPORT COMPRISED OF 3 YEARS OF CANCER DATA FROM 2018 TO 2020



Dr. M. Ayaz Mir, Director Clinical Research Center, SIH on the occasion of the report launching ceremony said that report compilation is a great feat that shows the trends & the graphs worth a thousand words that are vital to planning & allocating resources. He further said that 3 years data of patients presenting to Shifa with 10 prevailing types of cancer is a platform that gives hope of collaborating regionally & contributing globally to an ever-growing body of evidence. Dr. Manzoor ul Haq Qazi, Chief executive officer, SIH also appreciated the effort of the Shifa Clinical Research Center to compile 3 years cancer data in form of the report. Shifa Cancer Center is recognized as one of the top cancer treatment facilities in Pakistan. Shifa Cancer Center has been a center of excellence for diagnosing and treating various cancer types in Pakistan since the early 1990s.



CHIEF NURSING OFFICER, SIH ATTENDS THE PATIENT SAFETY CONGRESS IN DUBAI,

Dr. Monette Brombuela, Chief Nursing Officer of SIH, attended the Patient Safety Congress in Dubai, a distinguished yearly event attended by top nurses and practitioners from across the world. The organizers interviewed CNO, & the interview was shown on national television to attract participation from the region. Dr. Monette Brombuela shared some of her key learnings with the rest of the senior nursing staff at SIH.

THE OUTGOING AMBASSADOR OF OMAN PAYS FAREWELL VISIT TO SHIFA

His Excellency Alsheikh Dr. M. Omar Ahmed Al-Marhoon, Ambassador of the Sultanate of Oman, paid a farewell visit to meet the top management of Shifa International Hospital. Outgoing Ambassador M. Omer was appointed in Pakistan in 2017. Dr. Manzoor ul Haq Qazi, CEO-SIH, Dr. Habib ul Rehman, Chairman, SIH & Mr. M. Zahid, Executive Director, SIH were present in the meeting. Matters of mutual interest, including the cooperation of healthcare facilities in Oman were discussed. A token of appreciation was also presented by Shifa's management to recognize the efforts of the outgoing ambassador to promote the healthcare facilities of SIH to the people of Oman. Both parties reiterated their intention to continue & expand cooperation in healthcare in the future as well.



SHIFA WINS THE INSTITUTE FOR SAFE MEDICATION PRACTICES (ISMP) CHEERS AWARD 2022 FOR BEST MEDICATION PRACTICES

Shifa International Hospital has been selected as a winner at The 25th Annual Cheers Awards by the Institute for Safe Medication Practices (ISMP) for using camera-assisted verification for chemotherapy admixture services while working with constrained funding. The pharmacy services team had to make sure that the right ingredients & their amounts were confirmed before being added to the final chemotherapy IV bag to adhere to ISMP's Targeted Medication Safety Best Practices for Hospitals. The group implemented a practical & cost-effective solution without adding to the hospital's financial burden. This successful project at Shifa International Hospital shows what healthcare institutions can do to minimize errors even if they cannot afford cutting-edge technology such as gravimetric analytical tools, barcodes, robotic applications, & IV workflow software.



SHIFA ORGANIZED FIRST EVER CHRONIC OBSTRUCTIVE PULMONARY DISEASE (COPD) SYMPOSIUM



The purpose of the Chronic Obstructive Pulmonary Disease (COPD) Symposium was to enlighten healthcare professionals about the importance of COPD. Dr. Jawad Khaliq Ansari, President Pakistan Chest Society was the chief guest. Dr. Aftab Akhtar Consultant of Pulmonology & Critical Care, SIH greeted the participants and praised the contribution of physicians and respiratory therapists to provide patients with the best care in his opening remarks. Dr. Syed Murtaza Hassan Kazmi, Consultant Pulmonology & Critical Care, SIH highlighted the understanding of COPD, its causes, symptoms, diagnosis, treatment & ways to reduce the burden of COPD worldwide. Dr. Imran Hussain, Consultant of Respiratory Medicine at the University Hospital of North Midlands, United Kingdom discussed the modern-day management of COPD. Dr. Zeeshan Bin Ishtiaque Chief Medical Officer of SIH & Dr. Sohail Naseem, Consultant of Pulmonology & Critical Care, SIH highlighted the role of Pulmonologists & Respiratory Therapists in SIH. The Chief Guest Dr. Jawad Khaliq Ansari (President of Pakistan Chest Society) appreciated the efforts of SIH in taking such initiatives to play its role in the region.

SHIFA SUCCESSFULLY CONCLUDES THE FIRST-EVER SARS-COV-2 VACCINE TRIAL (PHASE III) IN PAKISTAN

Shifa International Hospital successfully concluded the first-ever SARS-CoV-2 vaccine trial (Phase III), in Pakistan to defeat COVID-19. It lasted more than 2 years & recruited more than 17,000 volunteers from five major institutions in Pakistan. Globally more than 44,000 volunteers were recruited. At Shifa more than 5,480 volunteers participated and contributed to a major portion of the data for this trial. Professor Dr. Ejaz Khan, the principal investigator of this trial at Shifa International Hospital briefed the audience at the closing ceremony about the journey, benefits, and outcomes of the trial. He termed the trial one of its kind with a single-dose vaccine against COVID-19 and a success because only after 5 months the vaccine was approved by DRAP and made available for the public in Pakistan which helped in saving thousands of lives. He said Pakistan soon started its production at the National Institute of Health by the name of PakVac and that it was available for distribution as well. Dr. Manzoor Hul Haq Qazi, Chief Executive Officer, SIH lauded the effort of the research team that had successfully conducted the vaccine trials in the Shifa.



SHIFA INTERNATIONAL HOSPITAL OBSERVES WORLD PREMATURETY DAY

Shifa International Hospital observed World Prematurity Day to raise awareness about premature birth and its effects. Pakistan has critical need for neonatal critical care facilities as prematurity is one of the leading cause of death in children under the age of 5 in Pakistan. Addressing the event Dr. Ejaz Khan, Consultant Pediatrician & Infectious Disease Specialist said that the aim of observing this day is to raise awareness about neonatology and encourage improvements in the treatment and care of all premature babies on an international scale. Dr. Shahid Nazir, Head of the Neonatal Intensive Care Unit (NICU), Dr. Amer Awan, Eye Specialist and Adult & Pediatric Retina Surgeon at Shifa and Dr. Monette Brombuella, Chief Nursing Officer at Shifa International Hospital also attended the event.



DELEGATES OF THE URGENCH BRANCH OF TASHKENT MEDICAL ACADEMY, UZBEKISTAN VISITED SHIFA AND STMU



As part of Shifa's quest to establish its presence in the International healthcare market, Shifa External Services coordinated a collaboration between the Urgench Branch of Tashkent Medical Academy (UBTMA), Uzbekistan, Shifa International Hospital Ltd., and Shifa Tameer-e-Millat University. A delegation including Vice Rector from UBTMA visited Shifa & STMU. During the two-day visit, the delegation toured various departments of Shifa International Hospitals, especially the Transplant Units in the hospital. The UBTMA team was briefed on the Transplant program achievements, treatment facilities, and plans by the respective Head of departments. During the Shifa Tameer e Millat University tour, the delegation visited various departments of the College of Medicine and Dentistry and met Deans and Faculty members. They were briefed about the MBBS program structure and achievements of STMU since its inception. The visit concluded with the signing of a Memorandum of Understanding between UBTMA, SIH and STMU on exploring various projects and collaborations in the Healthcare & Education sector. The MoU was signed by Dr. Manzoor H Qazi, CEO of SIH, Dr. Habib Ur Rahman, Chairman of SIH and Prof. Dr. Mohammad Iqbal Khan Vice chancellor Shifa Tameer- e- Millat University. The UBTMA team expressed their gratitude, appreciated the level of expertise and showed keen interest in working along with both SIH and STMU.



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شفا انٹرنیشنل ہسپتال کی معیاری نرسنگ سروسز آپ کے گھر پر

eShifa مریضوں کی انفرادی ضروریات کو مد نظر رکھتے ہوئے ایسے تمام مریضوں کے لیے معیاری نرسنگ سروسز فراہم کر رہا ہے جو گھر سے باہر نہیں جاسکتے یا گھر پر ہی سروسز حاصل کرنا چاہتے ہیں۔

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- معمول کا معائنہ
- زخم کی دیکھ بھال اور ڈریسنگ
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