



Shifa
International
Hospitals Ltd.

Monthly

NEWSLETTER

SHIFA SPEAKS

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DR. MANZOOR H. QAZI

CEO, Shifa International Hospitals Ltd.

Make **HEALTH**
A PRIORITY *This Year*
HAVE A HEALTHIER YEAR AHEAD!

2023
Happy New Year

Dear Colleagues

Thank you and Shukar Alhamdulillah. Dreams – Mission – Vision – Plans and then a journey started 35 years ago in New York. A group of friends, under the leadership of (Late) Dr. Zaheer Ahmad, made a commitment to give all they could to make the dream come true. They accomplished all of this (and more), and the dream exceeded all expectations. The individuals included Dr. Habib ur Rahman, Mr. Muhammad Zahid, Mr. Samiulla Sharief, Dr. Abdul Razaq, Dr. Sabir Ali, Dr. Shahina Qazi (Late) and myself. Very soon, several other friends, colleagues, and professionals joined the journey, sharing the same vision and mission.

اور کارواں بنتا گیا

Each organization of the Shifa Family has rapidly become a well-recognized and well-respected icon in the country. They have become the pride of Pakistan, both nationally and internationally.

- Shifa International Hospitals Ltd. (www.shifa.com.pk)

- Shifa Tameer-e-Millat University (www.stmu.edu.pk)

- Tameer-e-Millat Foundation (www.educatepakistan.edu)

- Shifa Foundation (www.shifafoundation.org)

All of these have had an impact on the lives of our people. This is recognized and appreciated.

None of this could have been possible without all of you. Yes, each one of you has contributed to the success and respect of these organizations. It is your commitment, dedication, professionalism, hard work, and empathy that made them successful. These are your organizations. Shifa is your family. After 35 years of service and the fulfilment of my dreams (much more than I thought, planned, and dreamed—Blessings of Allah Subhanhu Wataala), I have decided to take retirement from the position of CEO of Shifa International Hospitals Ltd. I feel honoured and humbled to get the opportunity to lead this great organisation and work with all of you—the best team. However, I will stay on the board of Shifa and continue working actively with STMU and the Shifa Foundation. I will also be actively working to bring all Shifa Family organisations closer together. Together they will be stronger, separately they will be weaker.

I feel especially fortunate that the board has appointed Dr. Zeeshan Bin Ishtiaque as the next CEO. Dr. Zeeshan Bin Ishtiaque has been associated with Shifa International Hospitals Ltd. for over 16 years in different capacities, currently as Chief Medical Officer. His performance and delivery in each capacity has been at par excellence. We feel confident and comfortable that he will lead the organisation to much higher levels professionally, academically, and financially.

Toward the end of my remarks, I would like to remind you of our vision, mission, and values, which have given us success and will guide all of you in the next phase of the journey.

Our Mission: Healthcare with Compassion for all

Our Vision: To be the Region's Leader by providing Quality Healthcare Services

Our Values: Compassion, Commitment, Teamwork, Quality, Respect and Accountability

ہمارا مشن: صحت کی دیکھ بھال، پوری لگن کے ساتھ

ہمارا ویژن: معیاری طبی خدمات کی فراہمی کے ساتھ ریجن میں بطور

لیڈر پہچان

ہماری اقدار: لگن، جذبہ، ٹیم ورک، معیار، عزت اور احتساب

We pray to Almighty Allah for His continued Guidance and Help in future

اللہ آپ کا حامی و ناصر ہو۔ خدا حافظ۔ رب راکھا

OPENING CEREMONY

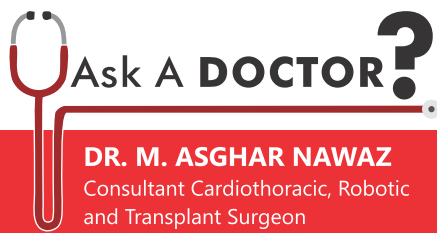


HIGHLIGHTS OF SHIFA SPORTS GALA 2022



CLOSING CEREMONY





DR. M. ASGHAR NAWAZ

Consultant Cardiothoracic, Robotic and Transplant Surgeon
MBBS, MRCS, FCPS, FRCS CTH,
CCT UK, MEBCTS



SHIFA
HEART CENTER

KEEP YOUR HEART



- Fellowship in Cardiopulmonary Transplant (UK & Canada)
- Fellowship in Robotic Surgery (UK & USA)
- Fellowship in Uniportal VATS (Shanghai, China)

What is a Cardiothoracic Surgeon?

The cardiothoracic surgeon operates on diseases that occur in the organs inside the chest and in the bony structures and tissues that form the chest cavity.

What kind of operations a Cardiothoracic Surgeon Performs?

- CTS surgeons do a variety of heart, oesophagus, and chest wall operations including;
- Coronary artery bypass grafting (CABG)
- Lung surgery for cancer, infection, emphysema
- Mediastinal, Airway, and Oesophageal surgery
- Valvular surgery
- Aortic Surgery
- Chest wall surgery for tumors, deformities

What Unique services are provided at Shifa Heart Center?

Shifa Heart Center is the only center in the country where Uniportal VATS (keyhole surgery through one small incision) is carried out for complex operations to improve lung functions including uni VATS decortication for empyema, UniVATS lobectomy, UniVATS sleeve lobectomy, uniVATS mediastinal and diaphragm surgery.

Minimal access cardiac surgery including total arterial revascularization, minimally invasive aortic valve, mitral, valve, and ASD repair are also performed at Shifa Heart Center.

What type of special procedures are performed by you at Shifa International Hospital?

Shifa Heart Center provides a great deal of new, specialized, and unique services not available anywhere else in the country. I am the only surgeon in Pakistan carrying out complex airway interventions (rigid and fiberoptic bronchoscopy and dilatation / debulk / stents/laser) for tracheobronchial stenosis secondary to strictures (a complication of endobronchial tuberculosis), compressions, or tumors.

I also perform tracheal resections (for windpipe issues), carinal resections (removal and reconstruction of the airway), and complex chest wall resections and reconstructions for tumors. Other operations that I perform include pectus surgery, uniVATS LVRS, and uniVATS for hyperhidrosis and AF.

What is UniVATS for Lung Volume Reduction Surgery (LVRS)?

Lung volume reduction surgery (LVRS) for patients with severe shortness of breath secondary to emphysema, COPD, and bullous disease through a keyhole operation achieving excellent outcomes with better quality of life and freedom from oxygen dependency.

What is UniVATS for Hyperhidrosis?

Hyperhidrosis is excessive sweating in the hands, armpits, or other parts of the body. UniVATS sympathectomy a minimally-invasive procedure (through a keyhole operation) is performed on patients with Hyperhidrosis.

Can you do keyhole surgery for Atrial Fibrillation (Irregular heart rhythm)?

Yes, I have expertise in Convergent procedures, a keyhole operation (uniVATS) to correct irregular heartbeat (atrial fibrillation).

Is there any other unique surgery to be started at Shifa International Hospital in the future?

The expert surgeon's team of Shifa International Hospital is working towards the provision of cardiopulmonary transplants particularly the living donor lung transplant, to begin with, and robotic surgery in InShAllah very soon.



CONSULT SPECIALIST DOCTORS ON SUNDAY

NO TRAFFIC JAMS | NO PARKING HASSLE



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