



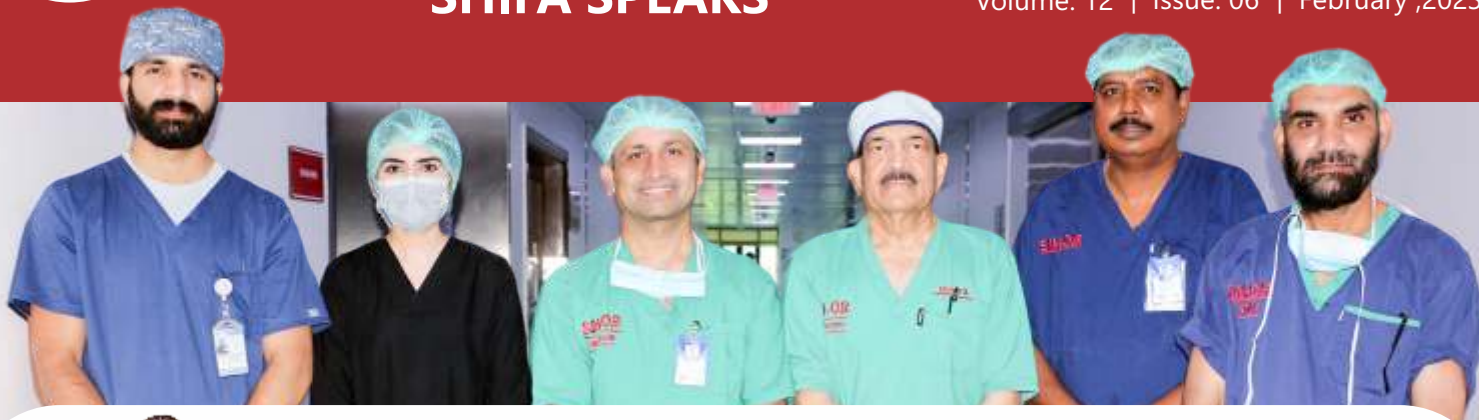
Shifa
International
Hospitals Ltd.

Monthly

NEWSLETTER

SHIFA SPEAKS

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Shifa International Hospital successfully inaugurates the first-ever Uniportal Video-Assisted Thoracoscopic Surgery (Uni-VATS) in Pakistan for complex cardiothoracic procedures

Dr. Asghar Nawaz (MBBS, MRCS, FCPS, FRCS-CTh UK, MEBCTS), a pioneer UK-trained consultant Cardiothoracic, Robotic & Transplant Surgeon at Shifa International Hospital regularly performs Uniportal Video-assisted thoracoscopic surgery. Dr. Asghar Nawaz achieved competency in Uniportal VATS through a training fellowship at the Shanghai Pulmonary Hospital China with the world's famous Diego Gonzales and has been performing Uniportal VATS since 2018. He is the only first ever trained cardiac surgeon in Robotic (UK & USA) and Transplant (UK & Canada) surgery in Pakistan. Dr. Asghar Nawaz is a versatile surgeon who also performs mitral valve, ASD and AF surgery (Convergent procedure) through VATS.

Uni-VATS is a unique type of minimally invasive surgery first time performed in any of the hospitals in Pakistan. VATS has replaced thoracotomy but commonly performed through several incisions or ports (usually three or four) but Uniportal video-assisted thoracic surgery (Uni-VATS) is a minimally invasive surgery that involves accessing the heart & lungs through a single small incision. Uniportal VATS reduce surgical trauma, decrease postoperative pain, expedite recovery, and improve patient satisfaction with a less invasive approach than conventional VATS. It can perform increasingly complex thoracic procedures utilizing a single small incision, hence avoiding the inherent morbidity associated with conventional open chest surgery i.e. thoracotomy. During the Uni-VATS procedure, the surgeon creates a small incision, 2.5cm long, without cutting the ribs. This single cut serves as a port for both special surgical instruments and the thoracoscope, a long, thin rod attached to a fiber-optic video camera. The thoracoscope allows the surgeon to visualize the pleural cavity and the lungs and conduct the surgery without needing to open the chest wall. Through this single, small incision, the surgeon can perform lobectomy, pericardial window, LVRS, and mediastinal surgery, but Dr. Asghar Nawaz executes even complex procedures such as sleeve resections, bronchoplasty, diaphragm, and valvular (mitral), ASD and AF (Atrial Fibrillation) surgery achieving excellent outcomes.



**SHIFA
HEART CENTER**

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Pumping**

OUR SERVICES

- Board Certified & UK Trained Cardiologists & Cardiac Surgeons
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- 24/7 Support for PCI (Percutaneous Coronary Intervention), Angiography, Angioplasty & Cardiac Surgeries
- State-of-the-art Cath Lab & CCU Facility
- Specialty Clinics (Pediatric Cardiology, Electrophysiology & Pacing)
- Affordable Packages for Complex Heart Procedures



SHIFA INTERNATIONAL HOSPITAL INAUGURATES

New Supply Chain Complex



Shifa International Hospital inaugurated its new supply chain complex to meet the increasing requirements of the hospital. The inaugural ceremony was attended by Mr. Asim Rauf, Chief Executive Officer (CEO) of the Drug Regulatory Authority of Pakistan (DRAP) & Shifa's supply chain partners. After the ribbon cutting, guests were taken on a warehouse tour. Brig. (R) Abu Bakr Amin Bajwa, Chief Supply Chain Officer, SIH, welcomed the distinguished guests to the ceremony.

The Chief Guest, Mr. Asim Rauf, acknowledged the treatment standards and role of Shifa International Hospital in healthcare.

Mr. Taimoor Shah, Chief Operating Officer, Shifa, said that as a JCI accredited hospital, Shifa maintains international standards while procuring, purchasing, and maintaining medical supplies & equipment. In his closing remarks, Dr. Manzoor H. Qazi, Chief Executive Officer, SIH referred to the supply chain division as the "backbone" of the hospital.



A PUBLIC AWARENESS SESSION ON FIRE SAFETY

Mr. Sabtain Ali, Environmental Engineer spoke about fire safety awareness & general precautions at the household level in tv show for public awareness. He emphasized the importance of domestic life and fire safety arrangements to avoid any untoward situation that could lead to fire ignition. According to statistics, almost 70% of fire incidents in Pakistan are associated with household fires.



Shifa Inaugurates **CHEMO DAYCARE INFUSION CENTER AND MEDICAL ONCOLOGY CLINIC**

Shifa International Hospital inaugurated a new state-of-the-art Chemo Daycare Infusion Center and medical oncology clinic. The new Chemo Daycare Center has a capacity of 30 suites for chemotherapy infusions. Chemo Daycare is staffed with trained and experienced doctors, nurses, pharmacists, and support staff. The treatment suites are built in an aesthetically pleasing, naturally lit, and spacious area. The idea is to bring an upbeat vibe to those affected by this otherwise depressing, draining disease and give them hope.

Shifa International Hospital has also expanded access to medical oncology services with the opening of another medical oncology clinic to increase the capacity of the hospital and meet the needs of the patients. This will provide comprehensive medical oncology care for solid tumours and haematological malignancies, including chemotherapy and autologous/allogenic Bone Marrow Transplant (BMT).



SHIFA HEART CENTER PROUDLY HOSTS "TECHNU" COURSE

Shifa Heart Center proudly hosted the "TechNu" course on January 22, 2023. The course was attended by a huge number of participants, including consultant cardiologists, cardiology fellows, residents, cathlab technicians, and nurses from various hospitals across the region. Prof. Dr. Habib ur Rehman, Chairman Shifa International Hospitals Ltd. welcomed the participants and emphasized the importance of innovation in the field of cardiovascular medicine. Course Director Dr. Asaad Akbar Khan gave comprehensive talks on a wide range of topics involving the latest advances in interventional cardiology. The course topics included advanced training on coronary intravascular ultrasound (IVUS), Rotablation, FFR, iFR, dPR, hybrid CTO interventions, and a live demonstration of state-of-the-art SMARTGLASS technology. As part of the course, individual participants were provided with hands-on training and in-depth troubleshooting tips and tricks for these essential advanced interventional cardiac modalities. Dr. Asaad Akbar Khan is a consultant interventional and structural heart disease cardiologist at SIH and an assistant professor of medicine (cardiology) at the Icahn School of Medicine at Mount Sinai, New York, USA. He also serves as a physician for Proctor (Pakistan, the EMEA region, and the USA) and an advisory board member of Boston Scientific (in Pakistan and the EMEA region).



Shifa Healthcare Education Department ORGANIZES RECOGNITION CEREMONY

Healthcare Education Department Team organized certification ceremony to recognize the hard work and dedication of nursing and allied health staff who participated in the phlebotomy, ostomy care, and vaccination certification courses. A comprehensive training programme was developed through inter-professional collaboration, allowing staff to expand their knowledge and proficiency, which directly benefits the patients. The aim was to up skill the staff to improve their job performance and provide opportunities for advancement career. Dr. Zeeshan Bin Ishtiaque, Chief Medical Officer, SIH, Dr. Monette B. Brombuela, Chief Nursing Officer and Consultant General Surgeon, Dr. Arif Malik were also present on the occasion.



SHIFA NEUROSCIENCES INSTITUTE COMMENCES IPD SERVICES

Shifa Neuroscience Institute has successfully commenced inpatient services. The unit is comprised of a 16-bed facility with state-of-the-art equipment, qualified doctors, and experienced nursing staff with the aim of rendering quality healthcare services.



LAUNCHING CEREMONY OF ID VERIFICATION SERVICE BETWEEN

Shifa International Hospitals Ltd. & National Database and Registration Authority (NADRA)

Shifa International Hospital & National Database & Registration Authority (NADRA) inked an agreement on the provision of an identity verification solution that would authenticate the patients as well as donors of organ transplantation. On the occasion Mr. Tariq Malik, Nadra chairman said that “Nadra has pivoted the ID ecosystem to introduce e-health initiatives, one of which is the current solution that will make the process of organ donation & transplant transparent & accountable. He added “We are confident that signing of this agreement under e-health initiatives will further open up the venues of collaboration with hospitals & medical institutions conducting organ transplantation nationwide.

Dr. Manzoorul Haq Qazi, CEO of Shifa International Hospital, thanked NADRA for providing Shifa with its efficient and transparent Biometric Verification System. This system will speed up verification and registration for the transplantation of human cells, organs, and tissues, lessening the sufferings of the recipients and donors. “He further said that “The miseries of patients that go through the procedure of organ and tissue transplantation can never be ignored. We have been welcoming such patients for a long but the regulatory processes involved in such procedures were lengthy and encouraged illegal trade in the sector. Under this collaboration, Shifa International Hospitals will be equipped with a 24/7 system through which identification and verification of donors and patients of organ transplants will be carried out through a hassle-free biometric verification system (BVS).



CERVICAL CANCER AWARENESS MONTH

Regular screening can reduce chances of

CERVICAL CANCER

January is Cervical Cancer Awareness Month. When diagnosed, cervical cancer is one of the most successfully treatable forms of cancer, as long as it is detected early and managed effectively. In the informational video, Dr. Hira Asim, a radiation oncologist at Shifa, explains the risks of cervical cancer, its symptoms, diagnosis, and treatment. Watch the video to get informed about cervical cancer.



Scan the QR code
& watch the video about
CERVICAL CANCER



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