



Shifa
International
Hospitals Ltd.



Monthly

NEWSLETTER

SHIFA SPEAKS

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Shifa International Hospital Hosts a Town Hall Meeting to Raise Funds for

EARTHQUAKE VICTIMS OF TURKIYE AND SYRIA

Shifa International Hospital recently hosted a town hall meeting to raise funds for the victims of the recent earthquakes in Turkiye and Syria. The meeting brought together management and employees of the Shifa family to contribute to the humanitarian cause. The Shifa family collaborated with the Hamidiye Foundation, which is extensively involved in relief work in the earthquake-struck areas of Turkiye. During a presentation, Mr. Akif, a representative from the Hamidiye Foundation, highlighted the extent and magnitude of the calamity and informed the audience about the urgent needs of the earthquake victims.

Mr. Taimoor Shah, Chief Operating Officer of Shifa, encouraged employees to donate and write a pledge on the wall. He also urged employees to engage with communities and collect donations to further the relief efforts. Dr. Sameea Kousar, Chairperson of the Tameer e Millat Foundation, informed the audience that their foundation had asked the children of schools operating under TMF to work at the grassroots level to collect donations for the Turkiye earthquake victims. Dr. Muhammad Iqbal Khan, VC of Shifa Tameer e Millat University, informed the audience that a student-level campaign had been started to collect donations for the affected people. In closing remarks, Dr. Manzoor H. Qazi, CEO of Shifa, stated that the Shifa family is united in supporting their Turkish brothers and sisters. The Shifa family pledged to donate money that would be donated to the Hamidiye Foundation, which is actively involved in providing relief to the affected communities in Turkiye.



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Shifa International Hospital
& Shifa Foundation
Organized an Awareness
Walk and Session on

WORLD CANCER DAY 2023



On February 4th, 2023, Shifa International Hospital, in collaboration with the Shifa Foundation, hosted a successful awareness walk and session to commemorate World Cancer Day. The event aimed to raise awareness about the disease and educate the public on the importance of early detection and prevention of cancer. The event started with an awareness walk that saw participation from a diverse group of individuals, including patients, families, healthcare professionals, and members of the general public. After the walk, an awareness session was held where Shifa oncologists, including Dr. Asif Masood, Dr. Muhammad Farukh, and Dr. Ayaz Mir, talked about various aspects of cancer, including early detection, treatment options, risk factors, and preventive measures.

Mr. Taimoor Shah, Chief Operating Officer of Shifa International Hospital, stated that "World Cancer Day is an important event that raises awareness about a disease that affects millions of people worldwide. At Shifa International Hospital, we are committed to promoting cancer awareness and prevention, and events like these help us achieve our mission." He also announced that the hospital is in the process of establishing a special cancer support group. Shifa International Hospital is one of the leading healthcare institutions in Pakistan, providing state-of-the-art medical facilities and services to patients. The hospital is known for its commitment to patient care, innovation, and excellence in healthcare.



Shifa International Hospital Launches

LUNG CANCER SCREENING PROGRAM

The program is designed to detect lung cancer at an early stage, which can eventually lead to a complete cure for cancer. Lung cancer, when detected early, is curable, therefore, the focus of this screening program is to detect it at an early stage. According to Globocan, WHO data from 2020, Lung cancer remained the leading cause of cancer death, with an estimated 1.8 million deaths (18%). The lung screening program will offer low-dose CT scans, which are effective for detecting lung cancer at an early stage. The scans are painless, non-invasive, and can be completed in just a few minutes. In addition to screening, the program will provide patients with access to a team of experienced physicians and other healthcare professionals who specialize in the treatment of lung cancer and other lung diseases.

"We are excited to offer this new program to our community," said Dr. Zeeshan Bin Ishtiaque, Chief Medical Officer at Shifa. "Early detection is critical in the fight against lung cancer, and we believe that our lung screening program will help save lives by identifying potential health issues at an early stage." The lung screening program is open to all individuals who are at high risk for developing lung cancer, including smokers and former smokers. Dr. Sohail Naseem, Director of the Lung Cancer Screening Program at Shifa, highlighted the importance of the program. Dr. Atif Rana, Consultant Radiologist, discussed the role of radiology in the early detection of lung cancer, and Dr. Murtaza Kazmi, Pulmonologist at Shifa, emphasized the need to reduce the burden of cancer and improve survival with lung cancer.



Shifa International Hospital Hosts Workshops on **TRANSFORMING HEALTHCARE EXPERIENCE THROUGH SAFE CLINICAL SYSTEMS & ADVANCED COMMUNICATION**

Shifa International Hospital hosted a series of expert workshops with the theme “Transforming Healthcare Experience through safe clinical systems and advanced communication. Over the course of two days, distinguished guest speakers from the UK shared their wealth of knowledge, experience, and insights on topics such as safe clinical systems and governance, spotting a sick child, principles of palliative care, and advanced communication for inter-professional collaboration.

Dr. Zeeshan Bin Ishtiaque, Chief Medical Officer, of Shifa, and Mr. Taimoor Shah, Chief Operating Officer, of Shifa were also present on the occasion.



COMPLETION OF THREE-MONTH LABOR & DELIVERY BASIC SPECIALTY COURSE TRAINING

The Nursing Division has taken a proactive step in enhancing the skills and expertise of its staff by launching a 3-month Labor & Delivery Basic Specialty Course Training. This program is designed to provide hands-on training and practical experience to nursing professionals, allowing them to apply theoretical concepts in a real-world setting.

The program culminated in a certificate distribution ceremony, where a total of 10 nursing staff members received their certificates of completion. To motivate and inspire the staff, Mr. Taimoor Shah, the Chief Operating Officer, Dr. Monette B. Brombuela, the Chief Nursing Officer, Dr. Shazia Fakhar, the Chief of Gynae, Ms. Nasreen Akhtar, Associate Nursing Manager, and other Nursing Managers were present at the ceremony to congratulate and celebrate the achievements of the nursing professionals.



Shifa Islamic Center Organizes An Informative Seminar on

“ZAKAT”

at Shifa International Hospital

The seminar aimed to educate the staff about the calculation of Zakat on various assets and its importance in Islam. The event was attended by a large number of employees from different departments of the hospital who were keen to learn about this important religious obligation.

Prof. Khaleel Ur Rehman Chishti, a renowned Islamic researcher, lecturer, poet, and author, delivered the lecture. Prof. Khaleel shared extensive knowledge about Zakat and explained its significance in the context of Islam. He highlighted the importance of paying Zakat and its role in promoting social justice and equality. Prof. Chishti also responded to the questions raised by the audience after the lecture. The event was an excellent initiative towards promoting awareness about Zakat and its obligations to individuals.



“ADVANCES IN THE MANAGEMENT OF EMPYEMA: MEDICAL PERSPECTIVE AND ROLE OF UNIportal VATS”

Seminar Held at Shifa International Hospital

Advances in the Management of Empyema: Medical Perspective and Role of Uniportal VATS, seminar was hosted by the Shifa Center of Professional Excellence (SCOPE). The seminar was curated by activity directors, Dr. Syed Murtaza Hassan Kazmi, Consultant Pulmonologist at Shifa, and Dr. M. Ashgar Nawaz, Consultant Cardiothoracic Surgeon at Shifa, to update healthcare providers' skills using globally applied methodologies. Both activity directors presented the latest evidence in the modern-day management of Empyema in pulmonology and thoracic surgery.

Dr. Aftab Akhtar, Consultant Pulmonologist & Section Head Pulmonology at Shifa, along with Dr. Khalid Rasheed, Consultant Cardiothoracic Surgeon at Shifa, welcomed the participants and appreciated the efforts of activity directors and organizers. The seminar featured distinguished experts in the field, including Dr. Salman Bashir Wani, Consultant Neonatologist at Shifa, who presented the latest developments in the field, such as new treatments, research findings, and technological advancements. Dr. Naveed Rashid, Consultant of Infectious Diseases at Shifa, provided valuable insights into the management of this challenging disease. In his closing remarks, Dr. Zeeshan Bin Ishtiaque, Chief Medical Officer of Shifa International Hospitals Ltd, emphasized the importance of prioritizing top-quality care for patients. His concluding remarks were imbued with a message of hope, encouraging healthcare professionals to continue striving for excellence in patient care."



Shifa's NICU Team Participates in

INTERNATIONAL NEONATOLOGY CONFERENCE

Held in Lahore

Shifa's NICU team was invited to the International Neonatology Conference in Lahore (Neocolloquim 2023) to conduct a workshop on Total Parenteral Nutrition (TPN) in Neonates. Dr. Yasser Masood, a Consultant in NICU, along with other members of the team, conducted the workshop and trained participants about the latest evidence-based guidelines for this specialized area of Neonatal medicine to improve neonatal care in Pakistan.





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