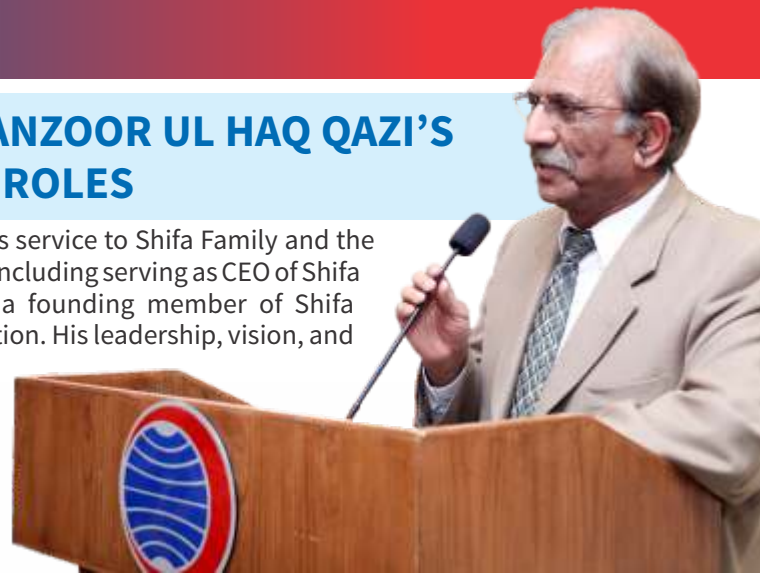


SHIFA CELEBRATES 36 YEARS OF DR. MANZOOR UL HAQ QAZI'S SERVICE TO THE HOSPITAL IN VARIOUS ROLES

Shifa is honored to celebrate 36 years of Dr. Manzoor ul Haq Qazi's service to Shifa Family and the community. Dr. Qazi has had a remarkable career at Shifa Family, including serving as CEO of Shifa International Hospitals. Dr. Qazi, a cardiologist by profession is a founding member of Shifa International Hospitals and has been a board member since its inception. His leadership, vision, and commitment to excellence have helped shape Shifa into the world-class institution it is today.

As CEO, Dr. Qazi implemented numerous initiatives that helped enhance the quality of patient care and the hospital's reputation as a leading healthcare provider. His contributions to the field of healthcare are immeasurable, and his dedication to medical education and research has inspired countless healthcare professionals. We extend our heartfelt congratulations and gratitude to Dr. Qazi for his 36 years of outstanding service to Shifa International Hospitals, and we look forward to many more years of his leadership.



DR. ZEESHAN BIN ISHTIAQUE APPOINTED AS THE NEW CEO OF SHIFA INTERNATIONAL HOSPITALS LTD.

Dear Readers,

It is with great pleasure that we announce the appointment of Dr. Zeeshan Bin Ishtiaque as the new Chief Executive Officer of Shifa International Hospitals. We extend our warmest congratulations to Dr. Zeeshan on this remarkable achievement and are confident that he will lead the hospital to new heights of success. Dr. Zeeshan is an International Physician Surveyor at JCI, Former Chief Medical Officer at Shifa International Hospitals, and Board Member at KPK MTI Policy Board, Shifa Foundation, and AEJ Foundation.

Dr. Zeeshan has a proven track record of leadership, innovation, and excellence in healthcare management. He brings with him a wealth of experience in healthcare and has demonstrated exceptional abilities in driving strategic growth and operational efficiency.

We are confident that under Dr. Zeeshan's leadership, Shifa International Hospitals will continue to provide the highest quality of healthcare services to its patients while embracing innovation and new technologies to enhance the patient experience.

Please join us in congratulating Dr. Zeeshan Bin Ishtiaque on his appointment as the new CEO of Shifa International Hospitals. We wish him all the best in his new role and look forward to a bright and prosperous future.



Shifa International Hospital organizes a

FREE KIDNEY SCREENING CAMP

followed by a panel discussion in connection with

WORLD KIDNEY DAY

World

KIDNEY

Day 2023



The event aimed to raise awareness about kidney diseases and the importance of early detection and prevention. The free kidney screening camp was open to the public and attracted a large number of people from different walks of life. The day is observed on March 9 every year. The theme for World Kidney Day 2023 was “Kidney health for all – preparing for the unexpected, supporting the vulnerable.” During the camp, the citizens were allowed to get their serum creatinine test done and urine R/E test. Basic vitals such as BMI, pulse rates, and blood pressure were also performed. The screenings were free of cost for the first 100 participants. After the checkups, consultations were provided by kidney experts and nutritionists to provide advice and answer any questions related to kidney health.

Chronic kidney disease (CKD) is rapidly growing in Pakistan due to late diagnosis, kidney stones, and an increasing number of patients with diabetes and high blood pressure. The panel discussion brought together the hospital's nephrologists. The panel of nephrologists included Dr. Syed Farhat Abbas, Dr. Syed Nayyer Mahmud, Dr. Khawaja Sayeed Ahmed, Dr. Adeel Ebad, Dr. Shahrukh Mirza, and Dr. Fareeha Khalil. The session was moderated by Dr. Merina Khan. Dr. Farhat Abbas, a consultant nephrologist, stated “stones in the kidneys are a common cause of chronic kidney disease, and drinking 2-3 liters of boiled or filtered water is key to preventing stone formation.” Dr. Nayyar Mehmood said risk factors for kidney diseases could be reduced by exercising, controlling weight and diet, staying hydrated, maintaining cholesterol levels, avoiding painkillers, getting annual physical checkups, and knowing their family medical history.

SHIFA'S NURSING TEAM ATTENDS PEDIATRIC ONCOLOGY CONFERENCE IN OMAN

Shifa's nursing team was invited to attend a pediatric oncology conference in Oman. This conference provides a platform for leading healthcare professionals in the field of Pediatric Oncology to come together and share their experiences, knowledge, and research findings. Mr. Sulman Siddique, Manager Healthcare Education Department SIH, during the conference focused on the importance of psycho-social support for families of children with cancer and how research design and process can be utilized to improve the delivery of care.

Nabeel Anwar, a pediatric oncology nurse at Shifa, also attended a three-day workshop during the conference, which was Fully sponsored by St Jude Children's Research Hospital USA. The knowledge and learning gained at the conference are being disseminated at oncology & nursing team.



SHIFA INTERNATIONAL HOSPITAL HOSTS A

Breast Cancer Support Group

INTERACTIVE SESSION

Shifa International Hospital hosted a breast cancer support group interactive session, bringing together survivors and fighters to share their journeys, offer support, find strength in one another, and empower women through community and connection. The session was filled with warmth, encouragement, and strength as our warriors came together to share their stories and offer each other support. From learning about ways to cope to sharing self-care tips, the group was united in the fight against breast cancer. The session started with introductory remarks by Dr. Muhammad Farrukh, Consultant Radiation Oncologist; Dr. Hira Asim, Consultant Radiation Oncologist; and Dr. Abdul Wahab Yousafzai, Consultant Psychiatrist, about the scope and importance of the Breast Cancer Support Group. Dr. Arooj Akram, SIH's lead on women's health awareness, moderated the session and also led the interactive session at the end of the program along with other volunteers to provide an opportunity for the breast cancer survivors to share their mutual experiences.



SHIFA HOLDS BREAST CANCER AWARENESS SESSIONS

Breast Cancer is a life threatening risk for women. Healthcare statistics show an alarming increase in the incidence & prevalence of the disease in Pakistan. Shifa International hospital Islamabad, being part of its ongoing breast cancer awareness drive is conducting awareness sessions throughout the years. Shifa has allocated a dedicated position; Women Health Awareness Lead for the purpose. Dr. Arooj Akram has taken up the role to engage and interact with diverse female audience groups to spread the chain of awareness. During the month of March, multiple awareness sessions were conducted by Dr. Arooj Akram to educate the audience about breast cancer, its causes, symptoms, and the importance of self-examination and early detection, in coordination with various corporate and educational sector entities which includes; NUST (National University of Science & Technology), Nayatel Pvt. Ltd, Bahria College Islamabad (E-8 Campus).

The prime objective is to educate the youth and students to further spread out the awareness message to their mothers, sisters, aunts, and other high-risk females in their extended family and community.



Shifa International Hospital hosts SURGICA-23

2nd Surgical Instruments & Medical Devices Exhibition

Shifa International Hospital, in collaboration with the Surgical Instruments Manufacturers Association of Pakistan (SIMAP), successfully hosted the 2nd Surgical Instruments Exhibition at the Pak-China Friendship Centre. The two-day-long exhibition was aimed at bridging the gap between surgical instrument manufacturers and the healthcare industry.

Surgica-2023 showcased mostly locally manufactured products related to general surgery, dental, ENT, neuro, urology, gynecology, vascular, cardiac, plastic surgery, organ transplantation, laparoscopy, orthopedics, ophthalmology, etc. While addressing the inaugural ceremony, Dr. Manzoor H. Qazi, CEO of Shifa International Hospitals Ltd. said, "We are pleased to have successfully hosted the 2nd Surgical Instruments Exhibition from the Sialkot Surgical Industry." As a leading healthcare provider in Pakistan, we understand the importance of staying up-to-date with the latest advancements in surgical technology.

The exhibition was attended by industry leaders, surgeons, doctors, and other healthcare professionals from all over the country and the region. The event featured more than 40 exhibitors showcasing their latest products, including surgical instruments, diagnostic equipment, and medical supplies. Brig. (R) Abu Bakr Amin Bajwa, Chief Supply Chain Officer at Shifa, said Pakistan's healthcare industry is rapidly expanding, and there is an emerging need to bridge the gaps between manufacturers of surgical and dental instruments and the local healthcare industry. The group chairman of SIMAP, Jahangir Babar Bajwa was also present on the occasion.



Shifa
International
Hospitals Ltd.

شفانٹرنیشنل ہسپتال کی معیاری نرسنگ سروسز آپ کے گھر پر

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