



WORLD AUTISM DAY

AWARENESS SEMINAR HELD AT
SHIFA INTERNATIONAL HOSPITAL



Honorable First Lady, Begum Samina Alvi, who was the Chief Guest, while addressing the seminar emphasized the need for greater understanding and integration of individuals with Autism Spectrum Disorder in society. She also stressed the importance of early diagnosis and intervention to improve outcomes for those with autism. Dr. Zeeshan Bin Ishtiaque, Chief Executive Officer of Shifa International Hospital expressed the hospital's commitment to improving the lives of individuals with autism. Mr. Taimoor Shah, Chief Operating Officer of Shifa International Hospital, and Dr. Khawaja Junaid Mustafa Chief Medical Officer of Shifa International Hospital were also present on the occasion.

Dr. Nosheen Kazmi, Consultant Psychiatrist at Shifa International Hospital briefed the audience about the role of individuals in supporting autistic children and adults in society. Dr. Yasser Masood, Consultant Pediatrician, and Neonatologist explained: "When to suspect Autism in toddlers". Muhammad Kashif Khan, AGM rehabilitation department, said that role of rehabilitation is vital in making a child with ASD functional and independent. Faiza Badar, Speech pathologist briefed about the habilitation and rehabilitation of autistic children.



DR. KHAWAJA JUNAID MUSTAFA HAS BEEN APPOINTED AS THE CHIEF MEDICAL OFFICER



Dear Readers,

We are pleased to announce the appointment of Dr. Khawaja Junaid Mustafa as the new Chief Medical Officer of Shifa International Hospital. Dr. Junaid is an accomplished medical professional with extensive training and expertise in Emergency Medicine. He further honed his skills by earning a fellowship from the College of Physicians and Surgeons in Emergency Medicine in Pakistan, and a certified professional in healthcare quality certification from the USA. He was trained and qualified in the United Kingdom and is a member of the Royal College of Emergency Medicine in the UK.

He is the President of the Pakistan Society of Emergency Medicine, a role in which he works to promote the development and advancement of Emergency Medicine in Pakistan. Dr. Junaid has also served as the Facility Lead of Emergency Medicine at the College of Physicians and Surgeons in Pakistan (CPSP) for six years.

Dr. Junaid brings a wealth of experience and knowledge to his new role. In his previous roles at Shifa International Hospital, he has worked as a Consultant and Program Director in Emergency Medicine and served as the Director of Clinical Risk Management. He is also an Assistant Professor of Emergency Medicine at Shifa College of Medicine. We are confident that under his leadership, we will continue to

strive towards providing the highest standards of medical care to our patients further solidifying our reputation as a leader in the healthcare industry. We warmly welcome Dr. Junaid to his new role as Chief Medical Officer and look forward to his contributions and guidance as we work towards achieving our vision of providing quality healthcare to our patients.

SHIFA'S REHABILITATION DEPARTMENT ORGANIZES THE 1ST LOCAL PEDIATRIC DYSPHAGIA SUPPORT GROUP

The activity was organized to provide a safe and supportive space for parents and caregivers of children with dysphagia. The goal of the group was to connect, share resources, and find encouragement.

Statistics indicate that approximately 10.5% of premature infants born before 37 weeks gestation have swallowing difficulties. Shifa International Hospital offers neonatal dysphagia screening and management services, with qualified speech pathologists and therapists available for assessment and management of swallowing difficulties in inpatient, outpatient, and home health settings. Early detection of dysphagia, evidence-based intervention, and rehabilitation are key to speedy recovery.

During the session, Mr. Kashif Khan, AGM Rehab helped parents understand appropriate feeding posture to ensure safety for children with compromised swallow mechanisms. Ms. Faiza Badar, Speech Pathologist, and Manager of Rehab, moderated the session. Parents were encouraged to share their challenges and success stories to motivate others.

Ms. Mahwish Zafar, Head Practitioner Speech Therapist, spoke about the red flags, signs of aspiration, and malnutrition in premature children, and shared different activities to make mealtimes more pleasant for the pediatric population. Ms. Saima Kanwal, Senior Occupational Therapist, addressed participants' queries related to sensory issues resulting in feeding problems. Dr. Yasser Masood, Consultant Pediatrician, and Neonatologist, also joined the session and debunked existing myths about dysphagia management in society, highlighting the importance of speech therapy in managing pediatric dysphagia.



SHIFA INTERNATIONAL HOSPITAL FACILITATES IHRA IN LAUNCHING A PATIENT SAFETY PROJECT TO IMPROVE THE SAFETY OF HIGH-ALERT MEDICINES



Salwa Ahsan, Chief of Pharmacy at Shifa International Hospital & Senior VP, of the Pakistan Society of Health-System Pharmacists (PSHP) played a key role in launching a patient safety project along with the Islamabad Healthcare Regulatory Authority (IHRA) aimed at improving the safety of High-Alert Medicines.

High Alert Medicines (HAMs) are known for serious, life-threatening consequences when used in error. The Islamabad Healthcare Regulatory Authority (IHRA) launched the collaborative project for patient safety with the Pakistan Society of Health-System Pharmacists (PSHP), and United States Pharmacopeia (USP) to prevent loss of life due to medication errors involving

High-Alert Medicines. Senior members of the partner organizations met with Dr. Quaid Saeed, CEO of the Islamabad Healthcare Regulatory Authority (IHRA) to launch this initiative.

Salwa Ahsan Senior VP of PSHP and Chief of Pharmacy at Shifa International Hospital is coordinating with IHRA & USP Pakistan to launch a pilot project in ICT in this regard. Shifa International Hospitals Ltd. is a Joint Commission International-accredited healthcare facility that shall be acting as a role model and training site in this project. In this regard, Shifa International Hospitals Ltd. has already facilitated a one-day training for the IHRA surveyors on the HAMs guidelines, safety standards, and monitoring parameters in the first phase.

SHIFA'S PULMONOLOGY DEPARTMENT WINS PRIZE IN CHEST-CON 2023

We are pleased to announce that Dr. Syed Murtaza H. Kazmi, Consultant Pulmonologist, and Dr. Ahmed Talha Tariq, Resident have won the 3rd prize in the "Pulmonary Grand Round Challenging Cases" competition at the 4th National Chest Conference (Chest-Con) held at Pearl Continental Hotel in Lahore, Pakistan. The competition, organized by the Pakistan Chest Society, had participants from all over Pakistan, presenting a total of 7 selected presentations in the grand round. We would like to congratulate Dr. Murtaza Kazmi and Dr. Ahmed Talha Tariq for their outstanding performance, and we are thankful to the Pakistan Chest Society for providing a platform to showcase the talents of medical professionals in Pakistan.



SHIFA INTERNATIONAL HOSPITAL HOLDS A SESSION ON WOMEN'S HEALTH AT ASIAN DEVELOPMENT BANK

Shifa International Hospital, being part of its ongoing awareness drive is honored to conduct an awareness session on women's health at the Asian Development Bank. Dr. Arooj Akram - Women Health Awareness Lead conducted the session which focused on Breast Cancer Awareness & Prevention. It also covered important topics like Reproductive Health, Stroke, Heart Disease and Menopause Management. Dr. Arooj emphasized the importance of regular check-ups and screenings to detect any potential health issues early on, particularly regarding breast cancer.



eSHIFA JOINS HANDS WITH COMCARE TO OFFER TELE-CONSULTATION SERVICES IN EAST AFRICA



Breaking barriers and bringing healthcare to more people than ever before. We're thrilled to announce that eShifa an outreach partner of Shifa has partnered with ComCare to offer Teleconsultation services in East Africa. Together, we're extending our footprint and improving access to quality healthcare for all.

SHIFA CARDIOLOGY ACHIEVED ANOTHER MILESTONE



Dr. Asaad Akbar Khan, Consultant Interventional Cardiologist has successfully performed over 100 Rotablation procedures for patients in need of this advanced treatment since joining the hospital in August 2019.

Congratulations to Shifa Cardiology Team and Dr. Asaad Akbar Khan, Consultant Interventional Cardiologist, Shifa International Hospital, Islamabad, for performing the highest number of Rotablation procedures in Pakistan, in three years (2020, 2021, 2022) in a row.

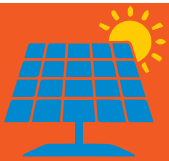
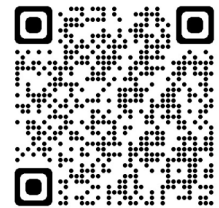
Shifa International Hospital, Islamabad is among a few hospitals in Pakistan, that provide advanced treatment options for patients suffering from complex coronary conditions. Dr. Asaad Akbar Khan is the proctor and lead trainer of Pakistani doctors for Rotablation in various Pakistani medical institutions. He is also serving as an international proctor for Boston Scientific, USA, Middle East, and North African Region.

MONKEYPOX VIRUS

All you need to know about the Monkeypox. Scan the QR code and watch the video for more information

Dr. Ejaz Ahmed Khan

Consultant Infectious Disease & Pediatrics



SHIFA INTERNATIONAL HOSPITAL INSTALLS STATE-OF-THE-ART 900KWP DC SOLAR POWER SYSTEM IN WAKE OF COMMITMENT TOWARDS SUSTAINABLE ENVIRONMENT

Shifa International Hospital is committed to providing the highest quality healthcare while reducing carbon footprint. In the wake of high energy prices and commitment towards a sustainable environment, Shifa is proud to announce the installation of its state-of-the-art 900kWp DC solar power system.

With this system, the power of the sun will be harnessed to provide clean, renewable energy to the facility. This not only helps to reduce the reliance on traditional energy sources but also helps to lower operational costs.

Shifa's solar power system also supports its commitment to sustainability and the environment. By reducing carbon emissions, Shifa is contributing to creating a healthier planet for our patients and their families.

The system has resulted to be much-needed support to the existing power network previously having peak summer demand of 3.5MW out of which 0.8MW will be compensated by solar power.

The system will be delivering approximately 1.2 Million Units per Annum to the hospital and is just one of the many ways the hospital is working to provide the best possible care to our patients while also making a positive impact on the world around us.



4TH ORIENTATION AND WHITE COAT CEREMONY FOR BDS CLASS OF 2026 HELD AT SHIFA INTERNATIONAL HOSPITAL



Shifa College of Dentistry (SCD) formally welcomed its 4th Batch of BDS class of 2026 in the 4th orientation and a white coat ceremony recently held at Shifa International Hospital. With the induction of the 4th batch of BDS, SCD completed its full strength of students this year. The chief guest of the ceremony was Prof. Dr. Mohammad Iqbal Khan, Vice Chancellor of Shifa Tameer-e Millat University (STMU). Prof. Dr. Mohammad Iqbal Khan, Dr. Muhammad Amir, Dean of the Faculty of Health Sciences (STMU), and Prof. Dr. Anwar Ali Shah (Principal, Shifa College of Dentistry) addressed the audience congratulating the students for being successful in becoming part of the Shifa Family.

A few students from the existing batches also stepped forward to welcome their newly inducted juniors and enlighten them about their personal and professional experiences at Shifa College of Dentistry. The newly admitted students donned their white coats and took their oath alongside Prof. Dr. Mohammad Israr (Vice Principal, Shifa College of Dentistry). The white coat ceremony is conducted with the hope that the students realize both the sanctity of the profession as well as acknowledge the responsibility that comes with the dental profession.

SHIFA AND eSHIFA PARTICIPATED IN A POSTER SESSION AT THE AMERICAN COLLEGE OF HEALTHCARE EXECUTIVES(ACHE)

Shifa and eShifa were excited to participate in the American College of Healthcare Executives (ACHE) poster session. The event provided a valuable opportunity for Dr. Farah Ansari, Medical Director of eShifa home health, to represent both Shifa International Hospital and eShifa and connect with inspiring healthcare leaders from around the world.

The poster session was designed to showcase innovative ideas related to issues affecting healthcare organizations. This included improving quality and efficiency, enhancing patient and physician satisfaction, implementing electronic medical records, and utilizing new technology, among other topics. As leaders in the healthcare industry, Shifa and eShifa understood the importance of promoting inclusivity, particularly in developing countries where they could make a significant impact in driving positive change.



Shifa
International
Hospitals Ltd.

شفا انٹرنیشنل ہسپتال کی معیاری نرسنگ سروسز آپ کے گھر پر

eShifa مریضوں کی انفرادی ضروریات کو مد نظر رکھتے ہوئے ایسے تمام مریضوں کے لیے معیاری نرسنگ سروسز فراہم کر رہا ہے جو گھر سے باہر نہیں جاسکتے یا گھر پر ہی سروسز حاصل کرنا چاہتے ہیں۔

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- معمول کا معائنہ
- زخم کی دیکھ بھال اور ڈریسنگ
- یوریزی کی تھیراپیزیشن کی سہولیات



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کوالٹی ہیلتھ کیئر آپ کی دہلیز پر

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