

JEWSLETTER

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SHIFA INTERNATIONAL HOSPITAL PARTICIPATED IN PAKISTAN FOREIGN OFFICE WOMEN ASSOCIATION (PFOWA) Meena Bazaar



he Pakistan Foreign Office Women's Association (PFOWA) Meena Bazaar is an annual event designed to provide diplomats with a platform to raise funds for the underprivileged segments of their community. Many embassies in Islamabad participated in this fun-filled occasion, showcasing their culture through various items and cuisines representing their respective countries.

Dignitaries, including Mr. Jalil Abbas Jilani, Foreign Minister of Pakistan, Ambassadors, High Commissioners, members of the diplomatic corps and representatives from civil society visited Shifa International Hospital's stall and expressed appreciation for the contributions Shifa is making in healthcare. Shifa team arranged exciting activities at the stall & screening camp in which cholesterol & blood sugar tests were conducted along with basic health assessment. Expert counseling on autism and speech therapy was provided by the rehabilitation team.



LUNG CANCER SCREENING PACKAGE INCLUDES:

- Initial & Post Screening **Consultation** with Pulmonologist
- Low Dose CT Scan with Specialized Screening Report



RECOMMENDED FOR

@ - Age 45 to 70 Years

🕽 - Extended History of Smoking









Shifa International Hospital Organized

FREE DIABETES SCREENING CAMP & AWARENESS SESSION ON THE OCCASION OF WORLD DIABETES DAY

ore than 100 participants were given free blood tests. The awareness session was M conducted by experts including Dr. Matiullah Khan, Associate Consultant Endocrinologist, Dr. Osama Ishtiaq, Consultant Endocrinologist, Dr. Rezzan Khan, Head of the Nutrition Department and Sara Ghulam Yahya, Principal Pharmacist.





Shifa International Hospital Held Awareness Walk To Mark The WORLD ANTIMICROBIAL RESISTANCE WEEK

he World Antimicrobial Resistance Awareness Week, is observed annually from November 18-24. Healthcare professionals from various departments, including Infectious Diseases, Pharmacy, Microbiology and Infection Control, actively participated in the awareness walk. Antimicrobial Resistance burden has significantly increased over the last few years and world is running out of effective antibiotics.

The theme for World Antimicrobial Resistance Awareness Week 2023 is "Preventing antimicrobial resistance together." Antimicrobial Resistance poses a significant threat to humans, animals, plants and the environment impacting all facets of life. Dr. Ejaz A. Khan, Consultant of Infectious Diseases, underscored the imperative for judicious antibiotic usage. He emphasized that the unwarranted use of antibiotics contributes to antimicrobial resistance, posing severe harm. The key roles of observing Infection control practices and vaccination were emphasized and highlighted in reducing the inappropriate antibiotic use and antibiotic resistance.



Shifa International Hospital Signed MoU WITH SKY ELECTRIC TO COLLABORATE FOR A HEALTHIER AND GREENER TOMORROW

Shifa International Hospitals and Sky Electric have come together in a significant Memorandum of Understanding (MoU), aiming to improve the health and well-being of Sky Electric employees through topnotch medical healthcare services.



Shifa held First Structural Heart Disease Clinic in Lahore

pr. Asaad Akbar Khan (Consultant Interventional Cardiologist, SIH) and a team from the Department of Cardiology, SIH organized the first Structural Heart Disease Clinic in Lahore. The activity aimed to provide an option for people of Lahore & surrounding areas through which they can consult an internationally experienced specialist to get an ethical & trustworthy opinion along with a treatment plan for their condition.



Shifa International Hospital Celebrated INTERNATIONAL DAY OF RADIOLOGY

he purpose of celebrating this day is to recognize and appreciate the crucial role radiography techniques play in modern medical services. Dr. Zeeshan Bin Ishtiaque, Chief Executive Officer, Mr. Taimoor Shah, Chief Operating Officer and Dr. Atif Iqbal Rana, Chief of Radiology shared their perspectives on the hospital's commitment to cutting-edge medical technologies. The radiology team including Radiology Consultants, Management, Technicians and Staff attended the event. The event raised awareness about the transformative impact of radiographic therapy, which is significant in the diagnosis and other treatment of patients.



Shifa International Hospital Celebrated RADIOTHERAPY DAY WITH THEME "RADIATING HOPE, ILLUMINATING LIVES"



The purpose of celebrating this day was to acknowledge and appreciate the efforts of healthcare professionals involved in the field of radiotherapy, including Radiation Oncologists, Radiation Therapists, Medical Physicists, and the supporting staff. The Radiation Oncology Team expressed appreciation to Radiation Therapists, Ms. Momina & Mr. Muhammad Baksh, both graduates of Shifa College of Medical Technology (SCMT), for successfully obtaining their Healthcare Professional Council (HCPC) Certification from the UK.

WORKSHOP ON "DATA ANALYSIS USING SPSS" SHIFA COLLEGE OF DENTISTRY - SHIFA TAMEER-E-MILLAT UNIVERSITY



one-day Comprehensive workshop was organized at the Shifa College of Dentistry on "Data Analysis using SPSS" by the Department of Research and Development, Shifa College of Dentistry and Student Research Society on 24th of November 2023. The speaker for the session was Dr. Muhammad Khan Asif (BDS, CHPE, MDSc, PhD) who is currently working as the Head of Research and Development, and Forensic Odontology at the Shifa College of Dentistry. The workshop was attended by 36 researchers and clinicians from 7 various Medical and Dental institutes.



SCAN THE QR CODE & WATCH THE INFORMATIVE VIDEOS & PODCASTS



Explore the Dynamic Careers in the Field of Rehabilitation



How to Become a Respiratory Therapist



Did You Know Preventing Diabetes is Possible?



Combating
Antibiotic Resistance

Shifa International Hospital Organized CYCLING ACTIVITY TO MARK LUNG CANCER AWARENESS MONTH





he cycling event was organized to promote awareness about the significance of adopting a healthy lifestyle, aiming to reduce the risk of diseases such as lung cancer. Lung cancer can go undetected until it's too advanced for full treatment. Timely Lung Cancer Screening can identify cancer in its early stages when curative treatment is possible.

Dr. Murtaza Kazmi, Consultant Pulmonologist and head of the Pulmonology Department & Dr. Asif Masood, Consultant Oncologist & Head of the Radiation Oncology Department led the event. More than 50 cyclists participated in the activity. On the occasion, Dr. Murtaza Kazmi said that participating in activities like cycling is not merely a fitness endeavor; it serves a vital role in heightening awareness about lung cancer.

A-LEVEL PRE-MEDICAL STUDENTS OF BEACONHOUSE VISITED SHIFA INTERNATIONAL HOSPITAL

A group of A-Level Pre-medical students from Beaconhouse School visited Shifa International Hospital. The purpose of the visit was to explore diverse departments at Shifa International Hospital and to gain firsthand insight into the world of healthcare. Their visit included stops at crucial departments such as General Surgery, Plastic Surgery, the Chemo Daycare, Lab and Pharmacy.

The students visited the clinics of the Outpatient Department, where they gained valuable insights into the dynamic challenges that healthcare professionals face daily while ensuring the delivery of quality care to patients.









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