



Monthly

NEWSLETTER

SHIFA SPEAKS

Volume: 13 | Issue: 09 | May, 2024

GLIMPSES OF EID MILAN GATHERING HOSTED BY SHIFA INTERNATIONAL HOSPITAL



Shifa International Hospital hosted an Eid Milan gathering following the Eid holiday break, symbolizing the return to work with refreshed enthusiasm and unwavering dedication for excellence and collaborative teamwork in healthcare delivery to our patients.



NEED MRI SCAN?



Always go for
3 TESLA MRI

AT SHIFA INTERNATIONAL HOSPITAL



051-8464646

www.shifa.com.pk

SHIFA INTERNATIONAL HOSPITAL PARTICIPATED IN THE 15TH BIENNIAL INTERNATIONAL CHEST CONFERENCE HELD IN ISLAMABAD



Shifa International Hospital played a significant role in the conference. Dr. Syed Murtaza Hassan Kazmi, Chief of Pulmonology at Shifa International Hospital and the Secretary Scientific Committee, performed his duties exceptionally well, from formulating the conference agenda to its successful execution. The Respiratory team of Shifa International Hospital also played a vital role as part of the organizing team, ensuring the smooth flow of all scientific sessions.

The Pulmonology Department of Shifa International Hospital actively participated in the pulmonology grand round in Chestcon. The case of Shifa was one of the 6 selected amongst national pool which was presented by Dr. Ahmed Talha Tariq, Resident Internal Medicine at Shifa International Hospital. One of main achievements was receiving the 2nd prize in the Best Abstract Research Award. It was a study conducted by Dr. Syed Murtaza Hassan Kazmi and Dr. Mahnoor Abbasi, Resident Internal Medicine at Shifa International Hospital which was selected amongst 42 shortlisted abstracts from the national pool. During the general body meeting of conference, the Pakistan Chest Society extended heartfelt gratitude to Dr. Syed Murtaza Hassan Kazmi, Ms. Ayesha Siddiqa in-charge of Respiratory Therapy, the Respiratory Therapy team and residents appreciating their efforts for the conference.



Shifa Teams Up with Fleming Fund to Combat Antimicrobial Resistance & Setting up Antibiotic Stewardship Program



Shifa International Hospital and Fleming Fund UK has mutually agreed to enter into a formal memorandum of understanding aimed at strengthening and enhancing antibiotic stewardship program (ASP) to combat Antimicrobial Resistance (AMR). The Fleming Fund UK stands as a beacon in the global fight against AMR named in honor of Sir Alexander Fleming, the pioneering scientist who discovered 'Penicillin'. Established by the UK government, the fund is dedicated to supporting low- and middle-income countries in strengthening their capacity to tackle AMR. Shifa's Antibiotic Stewardship team including physicians, nurses, microbiologists and pharmacists under leadership of Dr. Ejaz Khan, Consultant ID physician and Chair Antibiotic Stewardship Subcommittee ASSC, Shifa International Hospital and Ms. Salwa Ahsan, Chief of Pharmacy, Member ASSC, Shifa International Hospital is developing a comprehensive training program on antibiotic stewardship to realize this aim. Through this program, healthcare professionals from Shifa as well as from other healthcare institutes will receive specialized training in this domain, equipping them with the necessary knowledge and skills to implement the antibiotic stewardship program. Dr. Ejaz Khan said on the occasion that "Together, we are aiming to embark on a journey to not only converting Shifa's antibiotic stewardship program (ASP) as the Center of Excellence in the region, but also replicating the similar model in other hospitals around the country".

Ms. Salwa Ahsan stated that "This alliance not only has the potential to serve as a great capacity building model, setting new standards in antibiotic stewardship and AMR mitigation within the hospital, but also across the broader healthcare ecosystem of Pakistan."

SHIFA INTERNATIONAL HOSPITAL IN COLLABORATION WITH eSHIFA ORGANIZED HEALTH CAMP AT CHEEZIOUS HEAD OFFICE TO HONOR WORLD HEALTH DAY

The camp featured an enlightening talk and Q&A session led by Dr. Saba Hafeez, Consultant Endocrinologist at Shifa International Hospital. Free-of-cost consultation session with Dr. Nasir Munir, General Physician at eShifa, was arranged for Cheezious staff.



SHIFA INTERNATIONAL HOSPITAL COLLABORATED WITH THE PAKISTAN CHEST SOCIETY TO HOST MECHANICAL VENTILATION WORKSHOP

The workshop led by DR. AFTAB AKHTAR, Consultant Pulmonologist provided detailed insights into ventilator operation, with a focus on delivery methods. The workshop offered an opportunity to gain a comprehensive understanding of ventilator operations and various delivery methods. Doctors and respiratory therapists led hands-on sessions, explaining all aspects in detail, with great clarity. The hands-on sessions engaged all participants in ventilator functioning including delivery of breath, troubleshooting and monitoring. Following the talks, participants engaged in hands-on stations covering ventilator working and delivery of breath, troubleshooting and monitoring. These sessions were managed by team of Respiratory Therapists Mr. Khateeb ur Rehman, Mr. Hamza Iqbal, Mr. Muhammad Bilal and Mr. Zabih Ullah.



SHIFA INTERNATIONAL HOSPITAL COLLABORATED WITH THE PAKISTAN CHEST SOCIETY TO ORGANIZE PFT WORKSHOP FOR 15TH BIENNIAL INTERNATIONAL CHESTCON 2024



The workshop was held under the leadership of Dr. Syed Murtaza Hassan Kazmi, the Chief of Pulmonology at Shifa International Hospital. The workshop featured three engaging talks by facilitators including Diffusing Capacity of the Lungs for Carbon Monoxide (DLCO) by Dr. Rizwan Athar, Consultant NESCOM Hospital Islamabad, Spirometry by Dr. Jaffar Khan, Pulmonologist Shifa International Hospital and Clinical Utility of lung volumes by Ayesha Siddiqa, Incharge Respiratory Department Shifa International Hospital. Following these talks, there were hands-on stations for spirometry, PFT report interpretation, DLCO, and lung volume measurement & report interpretation. The workshop was supported by Respiratory Therapists of Shifa International Hospital including Mr. Umair Maroof, Ms. Saher Piyara, and Ms. Zainab Noor. This was an excellent opportunity for all participants to gain practical skills and enhance their understanding of pulmonary function testing. It truly empowered the participants to apply their knowledge in real-time scenarios.

SHIFA HOSTED THE “AO IN-HOSPITAL” EVENT ON THE MANAGEMENT OF FRACTURE-RELATED INFECTION

The event was a significant educational opportunity aimed at enhancing the skills and knowledge of junior Orthopedic Trauma Surgeons, General Trauma Surgeons, and Residents. The event was organized by Dr. Sumair Naseem Qureshi, Associate Consultant Orthopedics at Shifa International Hospital in collaboration with the Shifa Centre of Professional Excellence (SCOPE). The Orthopedic Surgeons at Shifa including; Dr. Sumair Naseem Qureshi, Dr. Sajjad Hassan Orakzai, Dr. Fahim Khan, Dr. Amir Nabi Nur and Dr. Hafiz Javaid Iqbal were the leading experts present to facilitate the participants and engage in interactive case-discussions, and to also polish young residents to think critically and make best choices for patient outcomes.



Care that
REVOLVES
AROUND You



Tele-Consultation



Home Pharmacy



Home Rehabilitation



Home Laboratory



Home Nursing



051-111-111-567

www.eshifa.org

eShifa Home Health Services



**BOOK YOUR
APPOINTMENT NOW**

Shifa International Hospitals Ltd.

📍 :Sector H-8/4, Islamabad, Pakistan.

☎ :051-8464646

Write to Us: If you have any questions, comments or any suggestions, please contact at

media@shifa.com.pk or call at **051-846 3804/ 051-846 4532**

Saima Jabbar (Editor) | Mansoor Ali Khan (Sub-Editor)