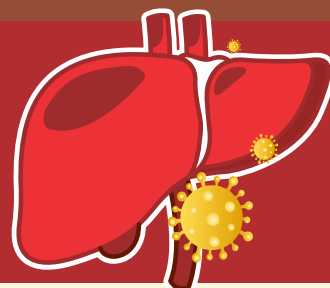


AWARENESS SEMINAR & WALK HELD AT SHIFA INTERNATIONAL HOSPITAL TO OBSERVE *World Hepatitis Day*



The title of the Awareness Seminar was "The Management of Hepatitis." Dr. Aamer Nazir, Medical Director at Shifa International Hospital gave opening remarks. According to the latest report of the World Health Organization, within Pakistan, almost 12 million people are suffering from hepatitis B or C and each year about 150,000 new cases are reported. Dr. Shahzad Riyaz, Consultant Gastroenterologist, discussed viral Hepatitis and Epidemiological trends in Pakistan; Dr. Malik Muhammad Ali Tanvir, Gastroenterologist delivered a presentation on Hepatitis A; Dr. Muhammad Salih, Consultant Gastroenterologist discussed Hepatitis B; Dr. Farzana Shafqat, Consultant Gastroenterologist, shed light on Hepatitis C; Dr. Maaz Bin Badshah, Consultant Gastroenterologist, presented Hepatitis D; and Dr. Sadaf Yousaf, Gastroenterologist, discussed Hepatitis E. Dr. Muslim Atiq, Consultant Gastroenterologist and Chief of Gastroenterology & Hepatology delivered the closing remarks. The session was concluded with an awareness walk. Mr. Taimoor Shah, Chief Operating Officer, and Mr. Malik Muhammad Uzair, Director of Operations of Shifa International Hospital also participated in the walk.



- Facelift & Brow lift
- Buttocks & Thigh Lift
- Botox & Fillers
- Anti-aging Procedures
- Mommy Makeover
- Mole Removal
- Abdominoplasty (Tummy Tuck)
- Liposuction (Body Contouring)
- Rhinoplasty (Nose Job)
- Blepharoplasty (Eyelid Surgery)
- Breast Enchantment or Reduction
- Breast Lift & Symmetry Procedures
- Vaginal Tightening
- Brachioplasty (Arms Plasty)
- Fat Grafting
- Otoplasty (Bat Ear Correction)
- Scar Removal
- Keloid Excision



SHIFA INTERNATIONAL HOSPITAL ORGANIZED A HEPATITIS AWARENESS SESSION AND SCREENING CAMP AT SERENA HOTELS ISLAMABAD



Dr. Muhammad Salih, Consultant Gastroenterologist at Shifa International Hospital, provided an informative talk on the causes, diagnosis, treatments and prevention of hepatitis. Additionally, over 80 staff members of Serena Hotels were screened for Hepatitis Band C.

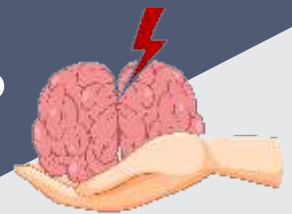


PHARMACY DEPARTMENT OF SHIFA INTERNATIONAL HOSPITAL CELEBRATED WORLD HEPATITIS DAY

Medicines and vaccines play a vital role in the management of hepatitis. Shifa's Pharmacy Services Department observed the Hepatitis day to raise awareness about the importance of preventive measures, use of vaccines, medicines and early detection of Hepatitis. Pharmacists educated the patients & their attendants on hepatitis.



HR DEPARTMENT OF SHIFA INTERNATIONAL CELEBRATED WORLD BRAIN DAY



The celebration featured a range of engaging activities such as crosswords and word-matching games, which were enjoyed by staff from various departments including Medical Staff Affairs (MSA), Operations, Operating Room (OR), Nursing, HR, and other departments. Employees enjoyed a day dedicated to boosting brain health and cognitive skills. Shifa is dedicated to actively engaging its employees in a variety of activities aimed at promoting their physical and mental well-being



THE PATHOLOGY DEPARTMENT CONDUCTED AN EDUCATIONAL TALK ON APPLICATION OF CYTOGENETICS TECHNIQUES IN DIAGNOSTICS

Dr. Shawana Shahid (Section Head, Cytogenetics) gave the lecture focusing on the utilization of cytogenetic testing in various modalities including Hem-oncology, Pediatrics, Neonates, Obs-Gynae, and Endocrinology. The Cytogenetics Laboratory at Shifa International Hospital, Islamabad is a full-service laboratory providing constitutional and neoplastic analysis of peripheral blood and bone marrow specimens using conventional chromosome G-banding and state-of-the-art cytovision software. Molecular techniques using fluorescence in situ Hybridization are also available.



SHIFA INTERNATIONAL HOSPITAL OBSERVED INTERNATIONAL MR SAFETY WEEK

While MR safety is a priority throughout the year, International MR Safety Week provides a special opportunity to focus on protecting healthcare professionals and patients in MRI environments. The Radiology Department of Shifa International Hospital organized an MR safety awareness session for its dedicated technologists, residents, and consultants. This event featured an engaging quiz, highlighting Shifa's dedication to MR safety and education. Key topics discussed included MR safety zones, screening protocols, the use of contrast media, considerations for pregnancy and breastfeeding, the management of medical implants, and the use of emergency equipment. This session is part of the department's ongoing efforts to enhance training and uphold the highest standards of safety.



SHIFA INTERNATIONAL HOSPITAL SUCCESSFULLY COMPLETED THE 7th BATCH OF *The Leads Leadership Development Program!*



This extensive 10 weeks program, marks a remarkable journey of skill enhancement and leadership development of middle management to grow into senior roles. The LEADS program, which stands for Leading-Self, Engaging Others, Achieving Results, Developing Coalitions, and System Transformations, is designed to equip the organization's future leaders with essential skills in project management, decision-making, quality management, and people management. Participants have acquired invaluable insights into diverse management topics and beyond. Shifa International Hospital remains committed to building the capacity of future leaders, ensuring they are well-prepared to drive the organization forward. A heartfelt thank you is extended to all participants, organizers, and management for their unwavering dedication and support. Together, they are shaping the future leaders of the hospital!



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