

Shifa International Hospital Hosted World Autism Day Seminar to Raise Awareness and Support

To commemorate **World Autism Day**, Shifa International Hospital reaffirmed its commitment to raising autism awareness and providing dedicated support through a special session featuring renowned actor and social activist **Hamza Ali Abbasi** as the Chief Guest.

Dr. Nosheen Kazmi, Consultant Psychiatrist and Lead Autism Services, emphasized the increasing diagnosis of autism in Pakistan and highlighted Shifa's specialized services for individuals with Autism Spectrum Disorder. **Dr. Faiza Badar**, Senior Manager Rehabilitation, underscored the vital role of therapy in improving behavior, communication, and activities of daily living (ADLs) for children with autism.

Dr. Khawaja Junaid Mustafa, Chief Medical Officer reiterated Shifa's dedication to enhancing autism care through a multidisciplinary approach. The event brought together teachers, parents, and healthcare professionals to discuss the importance of early intervention.

Shifa International Hospital remains at the forefront of delivering comprehensive support and care for individuals on the autism spectrum.



Struggling with Long Standing Knee or Hip Pain?

Early diagnosis & treatment can prevent long-term bone or joint damage



Shifa's Long Service Awards: Recognized Dedication, Celebrated Success

At Shifa International Hospital, the dedication and contributions of employees are always valued and recognized. In the latest Townhall Meeting and Long Service Awards Ceremony, 35 employees were honored with Long Service Awards in appreciation of their unwavering commitment and years of service.

The event was attended by senior management, who not only presented the awards but also actively participated in discussions—addressing employee feedback and reinforcing the organization's shared vision for the future. Their presence underscored Shifa's commitment to open communication and continuous improvement.

Adding to the excitement, a Lucky Draw was also held, making the event even more engaging and memorable.



Shifa's Rehabilitation Department led a community-driven initiative to raise awareness and promote understanding of Behavior Analysis.

To raise awareness about behavior analysis, the Rehabilitation Department at **Shifa International Hospital** set up interactive kiosks in the hospital's waiting areas, engaging visitors with fun and educational activities. Through hands-on demonstrations, the team showcased how evidence-based strategies support positive behaviors in daily life.

Ms. Sadaf Arif, Associate Applied Behavior Analyst at SIH, highlighted the 2025 theme, emphasizing the importance of early intervention in shaping meaningful and lasting behavioral changes. She shared how timely support can significantly improve outcomes for individuals across different life stages.

Mr. Muhammad Kashif Khan, Associate General Manager, noted that this initiative was a valuable opportunity to connect with the community and highlight the impact of behavior analysis.

Mr. Muhammad Ismail Masood, International Behavior Analyst at eShifa, stated, "Our ABA team is dedicated to spreading awareness and showcasing the powerful role of behavior analysis in improving lives."



Shifa International Hospital and SCOPE Collectively organized a workshop to Address Listeriosis Risks in Pregnancy

Department of Obstetrics & Gynecology, Shifa International Hospital, in collaboration with the Shifa Centre of Professional Excellence (SCOPE), successfully organized a workshop titled "The Hidden Threat: Listeriosis in Pregnancy & Its Newborn Consequences."

The event commenced with a welcome speech by **Dr. Shazia Fakhra**, Chief of OBS GYNAE, followed by insightful presentations from our esteemed speakers. **Dr. Manahil Jaffer**, **Dr. Amina Nawaz**, and **Dr. Ayesha Munir** shared their expertise on epidemiology, prevention, management, and perinatal outcomes. **Dr. Mishaal Noor** presented compelling case studies, while **Dr. Shahnaz Nawaz** and **Dr. Shahid Nazir** concluded the session with their remarks.



Shifa International Hospital Conducted Antimicrobial Stewardship Training for Healthcare Professionals from Nishtar Hospital



Shifa International Hospital is proud to collaborate with DAI Pakistan Pvt. Ltd. under the Fleming Fund Country Grant, funded by the UK Department of Health and Social Care, to combat the global health challenge of Antimicrobial Resistance (AMR) in Pakistan.

As part of this initiative, SIHL conducted a 5-day intensive training program on Antimicrobial Stewardship and Infection Control for healthcare professionals of Nishtar Hospital, Multan. This program equipped doctors, nurses, pharmacists, and hospital administrators with essential knowledge and practical skills for managing infectious diseases, implementing Antibiotic Stewardship Programs (ASP), Diagnostic Stewardship, and Infection Prevention & Control (IPC).

Each session was complemented by departmental clinical rounds in Infectious Diseases, Pharmacy Services, Infection Control, and Microbiology, ensuring hands-on learning for participants.

Beyond the training, SIHL will collaborate with Nishtar Hospital to establish sustainable ASP and IPC programs, with mutually agreed milestones and key performance indicators (KPIs).

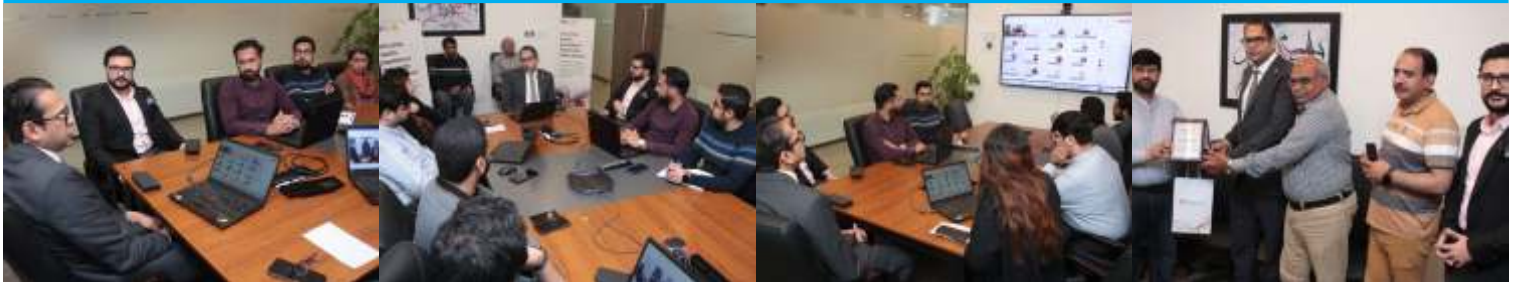
Shifa International Hospital Conducted Kidney Health Awareness Sessions at Mobilink Microfinance Bank and Transworld Associates

Shifa International Hospital conducted informative awareness sessions at **Mobilink Microfinance Bank** and **Transworld Associates Islamabad**, led by **Dr. Adeel Ebad**, Associate Consultant Nephrologist.

These sessions provided practical and valuable insights on maintaining kidney health during fasting, with a focus on hydration, balanced nutrition, and managing kidney-related conditions throughout Ramadan.

Shifa remains committed to promoting preventive healthcare and community well-being through expert-led outreach initiatives and educational engagements.

Mobilink Micro Finance Bank



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